
































Des Moines, WA - Oct 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:38	9.3	2:40	11.0	7:25	0.5	8:43	5.5	7:07	6:50	
2	Tue	1:53	9.7	3:25	11.5	8:28	0.4	9:33	4.3	7:09	6:48	
3	Wed	3:00	10.3	4:03	11.9	9:25	0.5	10:17	3.0	7:10	6:46	
4	Thu	4:00	10.9	4:39	12.2	10:17	0.7	10:59	1.7	7:12	6:44	
5	Fri	4:57	11.4	5:15	12.4	11:06	1.3	11:41	0.6	7:13	6:42	
6	Sat	5:52	11.8	5:52	12.4	11:54	2.0			7:14	6:40	
7	Sun	6:46	11.9	6:30	12.1	12:24	-0.3	12:42	3.0	7:16	6:38	
8	Mon	7:42	11.9	7:10	11.7	1:07	-0.8	1:32	4.0	7:17	6:36	
9	Tue	8:39	11.7	7:52	11.1	1:52	-0.9	2:25	5.0	7:19	6:34	
10	Wed	9:39	11.4	8:39	10.3	2:38	-0.7	3:25	5.9	7:20	6:32	
11	Thu	10:44	11.1	9:34	9.4	3:28	-0.1	4:40	6.4	7:21	6:30	
12	Fri	11:57	10.9	10:41	8.7	4:23	0.6	6:14	6.5	7:23	6:28	
13	Sat			1:10	10.9	5:24	1.3	7:43	6.0	7:24	6:26	
14	Sun	12:02	8.3	2:11	11.0	6:30	1.9	8:45	5.3	7:26	6:24	
15	Mon	1:26	8.3	2:57	11.0	7:37	2.3	9:29	4.5	7:27	6:22	
16	Tue	2:37	8.7	3:31	11.1	8:37	2.6	10:02	3.8	7:28	6:20	
17	Wed	3:33	9.2	3:58	11.1	9:27	2.8	10:29	3.0	7:30	6:19	
18	Thu	4:19	9.7	4:21	11.1	10:09	3.1	10:53	2.3	7:31	6:17	
19	Fri	5:00	10.1	4:45	11.2	10:48	3.5	11:17	1.6	7:33	6:15	
20	Sat	5:37	10.5	5:10	11.2	11:24	3.9	11:44	0.9	7:34	6:13	
21	Sun	6:13	10.9	5:37	11.1	11:59	4.4			7:36	6:11	
22	Mon	6:51	11.2	6:06	11.0	12:14	0.2	12:36	5.0	7:37	6:09	
23	Tue	7:31	11.4	6:37	10.8	12:47	-0.3	1:16	5.5	7:39	6:08	
24	Wed	8:14	11.5	7:12	10.5	1:24	-0.6	1:59	6.0	7:40	6:06	
25	Thu	9:02	11.5	7:51	10.1	2:05	-0.7	2:49	6.5	7:42	6:04	
26	Fri	9:56	11.5	8:39	9.6	2:51	-0.6	3:47	6.8	7:43	6:03	
27	Sat	10:55	11.4	9:42	9.1	3:43	-0.2	4:58	6.8	7:45	6:01	
28	Sun	11:00	11.4	10:02	8.7	3:41	0.3	5:18	6.4	6:46	4:59	
29	Mon			12:01	11.5	4:45	0.9	6:31	5.5	6:48	4:58	
30	Tue			12:55	11.8	5:53	1.5	7:28	4.2	6:49	4:56	
31	Wed	12:54	9.1	1:40	12.1	6:59	2.0	8:16	2.7	6:51	4:54	