

































## Des Moines, WA - Dec 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:26	10.7	2:20	12.5	8:41	5.4	9:21	-1.1	7:35	4:21	
2	Sun	4:22	11.5	2:59	12.3	9:39	5.9	10:01	-1.9	7:36	4:20	
3	Mon	5:12	12.2	3:38	12.0	10:32	6.4	10:40	-2.2	7:37	4:20	
4	Tue	5:58	12.6	4:19	11.6	11:24	6.7	11:19	-2.2	7:39	4:19	
5	Wed	6:41	12.8	5:00	11.0			12:15	6.8	7:40	4:19	
6	Thu	7:23	12.8	5:45	10.4			1:06	6.9	7:41	4:19	
7	Fri	8:03	12.7	6:32	9.7	12:39	-1.3	2:00	6.8	7:42	4:19	
8	Sat	8:43	12.6	7:25	9.0	1:21	-0.5	2:59	6.6	7:43	4:18	
9	Sun	9:24	12.3	8:26	8.3	2:04	0.5	4:01	6.1	7:44	4:18	
10	Mon	10:06	12.1	9:38	7.7	2:50	1.6	5:05	5.5	7:45	4:18	
11	Tue	10:49	11.9	11:03	7.5	3:40	2.8	6:03	4.7	7:46	4:18	
12	Wed	11:32	11.7			4:37	4.0	6:50	3.8	7:47	4:18	
13	Thu	12:35	7.8	12:14	11.6	5:40	5.1	7:29	2.8	7:48	4:18	
14	Fri	1:56	8.5	12:53	11.5	6:46	5.9	8:03	1.7	7:48	4:18	
15	Sat	2:59	9.3	1:29	11.5	7:49	6.5	8:36	0.7	7:49	4:19	
16	Sun	3:47	10.2	2:04	11.5	8:45	6.9	9:09	-0.2	7:50	4:19	
17	Mon	4:27	11.0	2:39	11.5	9:34	7.1	9:44	-1.1	7:51	4:19	
18	Tue	5:04	11.6	3:15	11.5	10:19	7.3	10:21	-1.8	7:51	4:19	
19	Wed	5:40	12.2	3:54	11.5	11:02	7.3	11:00	-2.3	7:52	4:20	
20	Thu	6:18	12.6	4:37	11.3	11:47	7.2	11:42	-2.4	7:53	4:20	
21	Fri	6:57	12.9	5:24	11.0			12:35	7.0	7:53	4:21	
22	Sat	7:38	13.1	6:17	10.6	12:25	-2.2	1:27	6.6	7:54	4:21	
23	Sun	8:21	13.2	7:17	9.9	1:11	-1.5	2:23	6.0	7:54	4:22	
24	Mon	9:05	13.2	8:26	9.2	2:00	-0.5	3:25	5.3	7:55	4:22	
25	Tue	9:51	13.1	9:47	8.6	2:51	0.9	4:30	4.3	7:55	4:23	
26	Wed	10:39	12.9	11:23	8.4	3:48	2.5	5:35	3.1	7:55	4:23	
27	Thu	11:28	12.7			4:52	4.1	6:36	1.8	7:56	4:24	
28	Fri	1:07	8.9	12:17	12.5	6:06	5.4	7:30	0.5	7:56	4:25	
29	Sat	2:34	9.9	1:05	12.3	7:24	6.4	8:19	-0.5	7:56	4:26	
30	Sun	3:41	10.9	1:52	12.1	8:36	6.9	9:03	-1.3	7:56	4:27	
31	Mon	4:33	11.8	2:36	11.8	9:39	7.1	9:44	-1.7	7:56	4:27	