

































Des Moines, WA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:18	12.3	3:18	11.5	10:32	7.2	10:23	-1.9	7:56	4:28	
2	Wed	5:58	12.6	4:00	11.2	11:21	7.2	11:01	-1.8	7:56	4:29	
3	Thu	6:33	12.8	4:42	10.7			12:06	7.1	7:56	4:30	
4	Fri	7:05	12.8	5:26	10.3			12:49	6.9	7:56	4:31	
5	Sat	7:36	12.7	6:12	9.8	12:17	-1.0	1:32	6.6	7:56	4:32	
6	Sun	8:07	12.6	7:01	9.3	12:55	-0.2	2:17	6.2	7:56	4:33	
7	Mon	8:40	12.5	7:55	8.7	1:34	0.7	3:04	5.7	7:55	4:35	
8	Tue	9:16	12.3	8:56	8.1	2:14	1.8	3:54	5.1	7:55	4:36	
9	Wed	9:53	12.0	10:10	7.8	2:57	3.1	4:46	4.4	7:55	4:37	
10	Thu	10:33	11.8	11:40	7.8	3:44	4.4	5:38	3.6	7:54	4:38	
11	Fri	11:15	11.5			4:41	5.6	6:28	2.6	7:54	4:39	
12	Sat	1:20	8.4	11:58 AM	11.3	5:51	6.7	7:13	1.6	7:54	4:41	
13	Sun	2:40	9.3	12:41	11.2	7:08	7.4	7:56	0.6	7:53	4:42	
14	Mon	3:34	10.2	1:24	11.3	8:17	7.7	8:37	-0.5	7:52	4:43	
15	Tue	4:15	11.1	2:07	11.4	9:14	7.8	9:18	-1.4	7:52	4:45	
16	Wed	4:51	11.8	2:51	11.5	10:02	7.7	10:00	-2.1	7:51	4:46	
17	Thu	5:26	12.4	3:37	11.6	10:47	7.4	10:43	-2.5	7:50	4:47	
18	Fri	6:01	12.8	4:26	11.6	11:31	6.9	11:26	-2.6	7:50	4:49	
19	Sat	6:37	13.2	5:18	11.4			12:18	6.3	7:49	4:50	
20	Sun	7:15	13.4	6:14	11.0	12:11	-2.2	1:07	5.6	7:48	4:51	
21	Mon	7:54	13.4	7:14	10.4	12:57	-1.3	2:00	4.7	7:47	4:53	
22	Tue	8:34	13.4	8:22	9.7	1:44	0.0	2:56	3.9	7:46	4:54	
23	Wed	9:17	13.1	9:40	9.1	2:33	1.6	3:56	3.0	7:45	4:56	
24	Thu	10:02	12.8	11:15	8.8	3:27	3.4	4:59	2.1	7:44	4:57	
25	Fri	10:51	12.4			4:32	5.1	6:03	1.2	7:43	4:59	
26	Sat	1:06	9.2	11:44 AM	11.9	5:51	6.5	7:02	0.4	7:42	5:00	
27	Sun	2:38	10.2	12:40	11.5	7:22	7.2	7:57	-0.3	7:41	5:02	
28	Mon	3:41	11.1	1:34	11.2	8:43	7.4	8:45	-0.8	7:40	5:03	
29	Tue	4:29	11.8	2:25	11.0	9:45	7.2	9:28	-1.0	7:39	5:05	
30	Wed	5:08	12.2	3:12	10.8	10:33	6.9	10:08	-1.1	7:38	5:06	
31	Thu	5:40	12.4	3:55	10.7	11:13	6.6	10:45	-0.9	7:37	5:08	