

































Des Moines, WA - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:54	10.2	9:04	12.5	2:05	6.5	1:52	-2.1	5:16	9:09	
2	Wed	7:49	9.8	9:45	12.6	2:57	5.9	2:38	-1.3	5:17	9:09	
3	Thu	8:53	9.2	10:27	12.6	3:54	5.2	3:27	-0.2	5:18	9:09	
4	Fri	10:05	8.6	11:12	12.5	4:54	4.2	4:19	1.3	5:18	9:08	
5	Sat	11:30	8.2	11:58	12.4	5:56	3.1	5:18	2.9	5:19	9:08	
6	Sun			1:07	8.3	6:57	1.8	6:25	4.4	5:20	9:07	
7	Mon	12:45	12.2	2:44	9.0	7:54	0.5	7:39	5.6	5:21	9:07	
8	Tue	1:34	12.0	4:03	10.0	8:47	-0.6	8:55	6.3	5:21	9:06	
9	Wed	2:22	11.8	5:04	10.9	9:35	-1.5	10:04	6.7	5:22	9:06	
10	Thu	3:09	11.6	5:54	11.5	10:20	-2.1	11:03	6.8	5:23	9:05	
11	Fri	3:56	11.3	6:36	12.0	11:03	-2.4	11:55	6.7	5:24	9:05	
12	Sat	4:41	11.0	7:14	12.2	11:44	-2.4			5:25	9:04	
13	Sun	5:27	10.6	7:49	12.2	12:42	6.5	12:24	-2.1	5:26	9:03	
14	Mon	6:13	10.2	8:22	12.2	1:27	6.2	1:04	-1.5	5:27	9:02	
15	Tue	7:01	9.7	8:54	12.1	2:12	5.9	1:44	-0.8	5:28	9:02	
16	Wed	7:51	9.2	9:26	11.9	2:56	5.5	2:24	0.2	5:29	9:01	
17	Thu	8:44	8.6	10:00	11.7	3:42	5.0	3:05	1.3	5:30	9:00	
18	Fri	9:44	8.1	10:37	11.5	4:31	4.4	3:47	2.5	5:31	8:59	
19	Sat	10:53	7.7	11:16	11.2	5:21	3.8	4:34	3.8	5:32	8:58	
20	Sun			12:16	7.6	6:13	3.1	5:29	5.1	5:33	8:57	
21	Mon			1:53	8.0	7:04	2.3	6:36	6.2	5:34	8:56	
22	Tue	12:41	10.7	3:19	8.7	7:53	1.5	7:53	6.9	5:35	8:55	
23	Wed	1:26	10.5	4:18	9.5	8:37	0.6	9:04	7.2	5:37	8:54	
24	Thu	2:10	10.5	5:01	10.3	9:20	-0.3	10:01	7.3	5:38	8:53	
25	Fri	2:54	10.6	5:36	10.9	10:01	-1.1	10:47	7.1	5:39	8:52	
26	Sat	3:37	10.7	6:09	11.4	10:43	-1.8	11:28	6.8	5:40	8:50	
27	Sun	4:21	10.9	6:41	11.8	11:24	-2.2			5:41	8:49	
28	Mon	5:08	11.0	7:15	12.2	12:10	6.4	12:07	-2.4	5:43	8:48	
29	Tue	5:58	10.9	7:51	12.4	12:53	5.8	12:50	-2.1	5:44	8:47	
30	Wed	6:51	10.7	8:28	12.6	1:39	5.1	1:34	-1.5	5:45	8:45	
31	Thu	7:49	10.3	9:06	12.6	2:28	4.2	2:20	-0.4	5:46	8:44	