
































Des Moines, WA - Nov 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			1:07	11.6	5:39	2.1	7:52	4.4	6:53	4:52	
2	Sun	12:57	8.3	1:49	11.6	6:47	2.8	8:33	3.5	6:55	4:50	
3	Mon	2:08	8.8	2:22	11.5	7:47	3.4	9:05	2.6	6:56	4:49	
4	Tue	3:05	9.4	2:48	11.4	8:39	3.8	9:33	1.8	6:58	4:47	
5	Wed	3:52	10.0	3:13	11.3	9:24	4.4	9:57	1.1	6:59	4:46	
6	Thu	4:32	10.5	3:37	11.2	10:03	4.9	10:22	0.5	7:01	4:44	
7	Fri	5:09	10.9	4:02	11.1	10:41	5.4	10:49	-0.1	7:02	4:43	
8	Sat	5:44	11.2	4:30	10.9	11:17	5.9	11:19	-0.5	7:04	4:42	
9	Sun	6:19	11.5	5:00	10.6	11:55	6.4	11:52	-0.8	7:05	4:40	
10	Mon	6:57	11.7	5:32	10.3			12:36	6.7	7:07	4:39	
11	Tue	7:37	11.9	6:07	9.9	12:28	-0.9	1:21	7.0	7:08	4:38	
12	Wed	8:21	11.9	6:47	9.5	1:09	-0.7	2:13	7.2	7:10	4:36	
13	Thu	9:10	11.9	7:38	9.0	1:53	-0.4	3:13	7.2	7:11	4:35	
14	Fri	10:03	11.8	8:45	8.5	2:42	0.1	4:23	6.9	7:13	4:34	
15	Sat	10:58	11.8	10:09	8.2	3:38	0.8	5:33	6.1	7:14	4:33	
16	Sun	11:50	12.0	11:39	8.3	4:39	1.5	6:34	4.9	7:16	4:32	
17	Mon			12:37	12.2	5:45	2.3	7:23	3.5	7:17	4:31	
18	Tue	1:02	8.9	1:20	12.4	6:50	3.0	8:08	1.9	7:19	4:30	
19	Wed	2:15	9.8	1:59	12.6	7:53	3.7	8:50	0.3	7:20	4:29	
20	Thu	3:18	10.8	2:37	12.7	8:51	4.4	9:32	-1.1	7:21	4:28	
21	Fri	4:16	11.7	3:16	12.7	9:46	5.1	10:14	-2.2	7:23	4:27	
22	Sat	5:10	12.4	3:57	12.5	10:39	5.7	10:56	-2.8	7:24	4:26	
23	Sun	6:03	12.8	4:39	12.1	11:33	6.2	11:40	-2.9	7:26	4:25	
24	Mon	6:54	13.0	5:24	11.5			12:29	6.6	7:27	4:24	
25	Tue	7:45	13.0	6:13	10.7	12:25	-2.6	1:28	6.8	7:28	4:24	
26	Wed	8:37	12.9	7:08	9.8	1:11	-1.8	2:34	6.8	7:30	4:23	
27	Thu	9:29	12.6	8:11	8.9	1:59	-0.8	3:49	6.5	7:31	4:22	
28	Fri	10:21	12.4	9:26	8.1	2:51	0.5	5:08	5.9	7:32	4:22	
29	Sat	11:13	12.1	10:57	7.7	3:47	1.8	6:18	5.0	7:33	4:21	
30	Sun			12:01	11.9	4:48	3.0	7:11	4.0	7:35	4:21	