



































## Des Moines, WA - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:28	7.8	11:03 AM	11.4	4:36	6.6	6:34	1.9	7:56	4:29	
2	Mon	2:23	8.8	11:41 AM	11.2	5:54	7.9	7:16	0.9	7:56	4:30	
3	Tue	3:35	9.9	12:21	11.0	7:28	8.7	7:57	-0.1	7:56	4:31	
4	Wed	4:20	10.9	1:04	10.9	8:48	9.1	8:38	-1.0	7:56	4:32	
5	Thu	4:55	11.7	1:48	11.0	9:44	9.1	9:19	-1.8	7:56	4:33	
6	Fri	5:27	12.2	2:34	11.1	10:26	8.9	10:01	-2.5	7:55	4:34	
7	Sat	5:56	12.6	3:21	11.3	11:03	8.6	10:44	-2.9	7:55	4:35	
8	Sun	6:26	12.9	4:11	11.3	11:43	8.1	11:27	-2.9	7:55	4:37	
9	Mon	6:56	13.1	5:05	11.1			12:25	7.4	7:54	4:38	
10	Tue	7:27	13.3	6:02	10.7	12:10	-2.5	1:12	6.4	7:54	4:39	
11	Wed	7:59	13.4	7:05	10.1	12:53	-1.5	2:02	5.3	7:54	4:40	
12	Thu	8:32	13.4	8:16	9.3	1:37	-0.1	2:56	4.0	7:53	4:42	
13	Fri	9:06	13.3	9:38	8.7	2:22	1.8	3:53	2.7	7:52	4:43	
14	Sat	9:43	13.0	11:21	8.6	3:11	3.9	4:52	1.5	7:52	4:44	
15	Sun	10:24	12.6			4:09	6.0	5:51	0.4	7:51	4:46	
16	Mon	1:27	9.3	11:10 AM	12.1	5:27	7.8	6:49	-0.5	7:51	4:47	
17	Tue	3:03	10.6	12:03	11.6	7:11	8.7	7:44	-1.1	7:50	4:48	
18	Wed	4:04	11.6	1:01	11.2	8:49	8.8	8:35	-1.6	7:49	4:50	
19	Thu	4:49	12.3	1:58	10.9	9:56	8.5	9:22	-1.8	7:48	4:51	
20	Fri	5:27	12.7	2:52	10.7	10:45	8.1	10:05	-1.8	7:47	4:53	
21	Sat	5:59	12.7	3:42	10.6	11:25	7.6	10:45	-1.6	7:46	4:54	
22	Sun	6:26	12.7	4:29	10.4			12:00	7.1	7:46	4:56	
23	Mon	6:49	12.6	5:15	10.1			12:34	6.5	7:45	4:57	
24	Tue	7:10	12.5	6:01	9.8			1:07	5.8	7:44	4:59	
25	Wed	7:32	12.4	6:50	9.4	12:34	0.4	1:43	5.1	7:43	5:00	
26	Thu	7:56	12.3	7:44	8.9	1:08	1.6	2:20	4.3	7:41	5:02	
27	Fri	8:21	12.2	8:43	8.5	1:42	2.9	3:00	3.5	7:40	5:03	
28	Sat	8:49	11.9	9:55	8.3	2:16	4.4	3:44	2.8	7:39	5:05	
29	Sun	9:19	11.5	11:33	8.4	2:52	6.0	4:32	2.1	7:38	5:06	
30	Mon	9:53	11.0			3:38	7.4	5:24	1.5	7:37	5:08	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Tue	<b>2:01</b>	9.1	<b>10:34 AM</b>	10.6	<b>4:58</b>	8.6	<b>6:19</b>	0.8	7:36	5:09	