
































## Des Moines, WA - Jun 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:30	12.3	5:02	10.8	9:46	-1.9	9:57	6.8	5:16	8:58	
2	Fri	3:09	12.2	6:00	11.7	10:28	-3.0	10:59	7.5	5:15	8:59	
3	Sat	3:49	11.9	6:52	12.3	11:11	-3.7	11:57	7.8	5:14	9:00	
4	Sun	4:33	11.6	7:40	12.6	11:55	-3.8			5:14	9:00	
5	Mon	5:19	11.1	8:26	12.6	12:54	7.8	12:39	-3.5	5:13	9:01	
6	Tue	6:09	10.4	9:10	12.5	1:51	7.7	1:24	-2.8	5:13	9:02	
7	Wed	7:03	9.7	9:52	12.3	2:50	7.3	2:10	-1.9	5:13	9:03	
8	Thu	8:02	8.9	10:32	12.0	3:52	6.8	2:56	-0.8	5:12	9:03	
9	Fri	9:07	8.2	11:10	11.8	4:57	6.1	3:43	0.5	5:12	9:04	
10	Sat	10:22	7.5	11:46	11.5	5:59	5.2	4:32	2.0	5:12	9:05	
11	Sun	11:51	7.1			6:54	4.2	5:25	3.5	5:12	9:05	
12	Mon	12:21	11.3	1:34	7.3	7:40	3.1	6:24	5.0	5:11	9:06	
13	Tue	12:54	11.1	3:10	8.1	8:19	1.9	7:32	6.3	5:11	9:06	
14	Wed	1:27	10.9	4:23	9.1	8:53	0.9	8:46	7.2	5:11	9:07	
15	Thu	2:00	10.7	5:17	10.1	9:25	-0.1	9:53	7.8	5:11	9:07	
16	Fri	2:34	10.5	5:59	10.8	9:58	-0.9	10:48	8.1	5:11	9:08	
17	Sat	3:08	10.4	6:35	11.3	10:32	-1.6	11:34	8.3	5:11	9:08	
18	Sun	3:43	10.4	7:08	11.7	11:08	-2.1			5:11	9:09	
19	Mon	4:21	10.3	7:40	11.9	12:13	8.3	11:46 AM	-2.5	5:11	9:09	
20	Tue	5:02	10.3	8:12	12.1	12:51	8.2	12:27	-2.7	5:12	9:09	
21	Wed	5:47	10.2	8:46	12.3	1:32	7.9	1:09	-2.7	5:12	9:09	
22	Thu	6:38	9.9	9:19	12.4	2:16	7.5	1:52	-2.3	5:12	9:10	
23	Fri	7:36	9.5	9:54	12.5	3:06	6.7	2:36	-1.5	5:12	9:10	
24	Sat	8:42	8.9	10:29	12.5	4:00	5.7	3:22	-0.3	5:13	9:10	
25	Sun	9:58	8.3	11:04	12.5	4:56	4.5	4:10	1.4	5:13	9:10	
26	Mon	11:27	7.9	11:42	12.4	5:54	3.0	5:03	3.3	5:14	9:10	
27	Tue			1:10	8.1	6:50	1.4	6:05	5.2	5:14	9:10	
28	Wed	12:22	12.3	2:55	9.0	7:43	-0.1	7:20	6.8	5:14	9:10	
29	Thu	1:05	12.1	4:19	10.2	8:34	-1.5	8:42	7.8	5:15	9:10	
30	Fri	1:51	11.8	5:21	11.2	9:23	-2.4	10:00	8.2	5:16	9:09	