US HARBORS www.USHarbors.com

Des Moines, WA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:10	12.7	8:30	10.5	1:10	3.9	2:00	-0.2	6:49	5:54	
2	Fri	7:46	12.3	9:48	10.1	1:57	5.5	2:52	-0.6	6:47	5:55	
3	Sat	8:28	11.7	11:30	10.0	2:52	7.0	3:50	-0.6	6:45	5:57	
4	Sun	9:20	11.0			4:09	8.1	4:56	-0.4	6:43	5:58	
5	Mon	1:23	10.5	10:31 AM	10.2	6:07	8.5	6:07	-0.3	6:41	6:00	
6	Tue	2:35	11.1	11:59 AM	9.8	7:57	7.9	7:16	-0.2	6:39	6:01	
7	Wed	3:22	11.6	1:21	9.8	8:59	6.9	8:17	-0.2	6:37	6:02	
8	Thu	3:58	11.9	2:30	10.0	9:43	5.9	9:08	0.0	6:35	6:04	
9	Fri	4:26	12.0	3:27	10.2	10:19	4.9	9:52	0.3	6:33	6:05	
10	Sat	4:49	12.0	4:17	10.3	10:50	4.0	10:32	1.0	6:31	6:07	
11	Sun	5:08	11.9	5:03	10.4	11:19	3.1	11:09	1.9	6:29	6:08	
12	Mon	5:28	11.8	5:48	10.4	11:48	2.2	11:44	2.9	6:27	6:10	
13	Tue	5:49	11.7	6:33	10.4			12:18	1.5	6:25	6:11	
14	Wed	6:13	11.5	7:18	10.4	12:20	4.0	12:50	0.9	6:23	6:13	
15	Thu	6:40	11.2	8:06	10.3	12:57	5.1	1:24	0.6	6:21	6:14	
16	Fri	7:09	10.7	9:00	10.0	1:35	6.1	2:03	0.5	6:19	6:16	
17	Sat	7:41	10.2	10:04	9.8	2:19	7.0	2:47	0.6	6:17	6:17	
18	Sun	8:17	9.7	11:32	9.7	3:14	7.8	3:38	0.9	6:15	6:18	
19	Mon	9:06	9.2			4:41	8.3	4:38	1.1	6:13	6:20	
20	Tue	1:10	9.9	10:19 AM	8.8	7:01	8.2	5:43	1.1	6:11	6:21	
21	Wed	2:09	10.3	11:42 AM	8.7	8:06	7.6	6:47	0.9	6:09	6:23	
22	Thu	2:43	10.7	12:55	9.1	8:36	6.9	7:43	0.7	6:07	6:24	
23	Fri	3:08	11.0	1:57	9.6	9:02	5.9	8:33	0.6	6:05	6:25	
24	Sat	3:30	11.4	2:53	10.2	9:31	4.6	9:18	0.8	6:03	6:27	
25	Sun	3:52	11.7	3:47	10.8	10:03	3.1	10:01	1.4	6:01	6:28	
26	Mon	4:17	12.0	4:41	11.2	10:38	1.5	10:43	2.3	5:59	6:30	
27	Tue	4:44	12.3	5:36	11.6	11:17	0.0	11:27	3.4	5:57	6:31	
28	Wed	5:15	12.4	6:32	11.7	11:58	-1.2			5:55	6:33	
29	Thu	5:48	12.3	7:31	11.7	12:12	4.6	12:43	-1.9	5:53	6:34	
30	Fri	6:26	12.0	8:36	11.4	1:01	5.8	1:30	-2.1	5:51	6:35	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	**7:09**	11.4	**9:49**	11.1	**1:57**	6.9	**2:23**	-1.8	5:49	6:37	