US HARBORS www.USHarbors.com

Des Moines, WA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:01	11.3	2:42	8.3	7:27	1.5	6:52	6.7	5:16	9:09	
2	Mon	12:39	10.9	4:06	9.3	8:12	0.7	8:23	7.6	5:17	9:09	
3	Tue	1:20	10.5	5:04	10.3	8:53	-0.1	9:47	8.0	5:17	9:09	
4	Wed	2:03	10.3	5:47	11.0	9:32	-0.6	10:48	8.1	5:18	9:08	
5	Thu	2:45	10.1	6:22	11.3	10:09	-1.1	11:32	8.0	5:19	9:08	
6	Fri	3:27	10.0	6:51	11.6	10:45	-1.5			5:19	9:08	
7	Sat	4:08	10.0	7:16	11.7	12:06	7.9	11:22 AM	-1.8	5:20	9:07	
8	Sun	4:49	10.0	7:40	11.8	12:35	7.7	11:58 AM	-1.9	5:21	9:07	
9	Mon	5:31	10.0	8:04	12.0	1:05	7.3	12:36	-1.9	5:22	9:06	
10	Tue	6:15	9.8	8:30	12.2	1:39	6.8	1:13	-1.6	5:23	9:06	
11	Wed	7:04	9.5	8:57	12.3	2:18	6.1	1:51	-1.0	5:24	9:05	
12	Thu	7:58	9.1	9:26	12.4	3:00	5.2	2:30	0.1	5:25	9:04	
13	Fri	9:00	8.7	9:57	12.4	3:46	4.1	3:11	1.5	5:26	9:04	
14	Sat	10:12	8.3	10:30	12.3	4:36	2.9	3:55	3.2	5:27	9:03	
15	Sun	11:37	8.2	11:07	12.1	5:29	1.6	4:46	5.0	5:27	9:02	
16	Mon			1:21	8.6	6:25	0.4	5:51	6.7	5:29	9:01	
17	Tue			3:09	9.5	7:22	-0.8	7:17	7.9	5:30	9:00	
18	Wed	12:41	11.7	4:25	10.5	8:19	-1.8	8:48	8.4	5:31	8:59	
19	Thu	1:38	11.5	5:18	11.4	9:14	-2.6	10:04	8.3	5:32	8:58	
20	Fri	2:38	11.4	6:01	11.9	10:06	-3.1	11:03	7.8	5:33	8:58	
21	Sat	3:37	11.3	6:39	12.2	10:56	-3.2	11:54	7.1	5:34	8:56	
22	Sun	4:34	11.2	7:13	12.4	11:43	-3.0			5:35	8:55	
23	Mon	5:30	10.8	7:45	12.5	12:42	6.4	12:27	-2.4	5:36	8:54	
24	Tue	6:26	10.4	8:16	12.4	1:28	5.6	1:10	-1.4	5:37	8:53	
25	Wed	7:23	9.8	8:45	12.3	2:14	4.7	1:52	-0.1	5:39	8:52	
26	Thu	8:23	9.2	9:15	12.1	3:01	3.9	2:33	1.4	5:40	8:51	
27	Fri	9:28	8.6	9:46	11.7	3:48	3.1	3:15	3.1	5:41	8:50	
28	Sat	10:42	8.2	10:20	11.2	4:36	2.4	4:01	4.8	5:42	8:48	
29	Sun			12:19	8.2	5:26	1.8	4:57	6.4	5:43	8:47	
30	Mon			2:20	8.7	6:19	1.3	6:20	7.6	5:45	8:46	
31	Tue			3:49	9.6	7:13	0.9	8:20	8.1	5:46	8:44	