

































## Des Moines, WA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:34	9.8	4:42	10.3	8:06	0.4	9:47	8.1	5:47	8:43	
2	Thu	1:31	9.6	5:20	10.8	8:56	0.0	10:37	7.8	5:48	8:42	
3	Fri	2:26	9.6	5:49	11.1	9:41	-0.5	11:10	7.5	5:50	8:40	
4	Sat	3:15	9.8	6:13	11.3	10:22	-1.0	11:35	7.2	5:51	8:39	
5	Sun	4:00	10.0	6:33	11.5	11:00	-1.3			5:52	8:37	
6	Mon	4:43	10.2	6:53	11.7	12:00	6.7	11:37 AM	-1.4	5:53	8:36	
7	Tue	5:26	10.3	7:14	11.9	12:29	6.0	12:13	-1.2	5:55	8:34	
8	Wed	6:13	10.2	7:38	12.1	1:02	5.1	12:50	-0.6	5:56	8:33	
9	Thu	7:04	10.1	8:04	12.2	1:39	4.0	1:27	0.4	5:57	8:31	
10	Fri	7:59	9.8	8:33	12.3	2:20	2.9	2:06	1.7	5:59	8:30	
11	Sat	9:01	9.5	9:04	12.2	3:05	1.8	2:48	3.3	6:00	8:28	
12	Sun	10:11	9.2	9:39	11.9	3:54	0.8	3:34	5.0	6:01	8:26	
13	Mon	11:37	9.1	10:22	11.5	4:49	0.1	4:30	6.6	6:03	8:25	
14	Tue			1:30	9.4	5:49	-0.5	5:50	7.8	6:04	8:23	
15	Wed			3:13	10.1	6:53	-0.9	7:36	8.3	6:05	8:21	
16	Thu	12:23	10.7	4:15	10.9	7:59	-1.3	9:10	8.0	6:07	8:20	
17	Fri	1:37	10.5	4:58	11.4	9:00	-1.6	10:13	7.3	6:08	8:18	
18	Sat	2:46	10.6	5:33	11.8	9:55	-1.8	11:00	6.4	6:09	8:16	
19	Sun	3:48	10.7	6:04	11.9	10:43	-1.7	11:41	5.4	6:11	8:14	
20	Mon	4:44	10.7	6:30	12.0	11:27	-1.3			6:12	8:12	
21	Tue	5:37	10.6	6:55	12.0	12:20	4.5	12:09	-0.5	6:13	8:11	
22	Wed	6:29	10.3	7:20	11.9	12:58	3.6	12:48	0.6	6:15	8:09	
23	Thu	7:21	10.1	7:46	11.7	1:35	2.7	1:27	1.9	6:16	8:07	
24	Fri	8:15	9.8	8:14	11.4	2:13	2.0	2:07	3.3	6:17	8:05	
25	Sat	9:12	9.5	8:44	11.0	2:52	1.5	2:48	4.8	6:18	8:03	
26	Sun	10:16	9.2	9:18	10.4	3:33	1.2	3:34	6.1	6:20	8:01	
27	Mon	11:36	9.1	9:57	9.8	4:19	1.1	4:34	7.2	6:21	7:59	
28	Tue			1:27	9.2	5:12	1.1	6:12	7.9	6:22	7:57	
29	Wed			3:01	9.7	6:12	1.2	8:29	7.9	6:24	7:56	
30	Thu			3:54	10.2	7:16	1.0	9:34	7.5	6:25	7:54	
31	Fri	1:08	8.9	4:29	10.6	8:16	0.7	10:10	7.1	6:26	7:52	