




















Des Moines, WA - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:12	9.1	4:54	10.9	9:08	0.3	10:34	6.5	6:28	7:50	
2	Sun	3:05	9.5	5:14	11.1	9:52	-0.1	10:56	5.8	6:29	7:48	
3	Mon	3:53	9.9	5:32	11.3	10:32	-0.2	11:22	4.9	6:30	7:46	
4	Tue	4:38	10.3	5:52	11.6	11:10	0.0	11:51	3.7	6:32	7:44	
5	Wed	5:25	10.6	6:14	11.8	11:48	0.5			6:33	7:42	
6	Thu	6:14	10.8	6:39	12.0	12:25	2.5	12:26	1.4	6:34	7:40	
7	Fri	7:06	10.9	7:08	12.1	1:02	1.3	1:06	2.6	6:36	7:38	
8	Sat	8:02	10.8	7:39	12.0	1:44	0.2	1:48	4.0	6:37	7:36	
9	Sun	9:03	10.6	8:15	11.7	2:29	-0.6	2:34	5.4	6:38	7:34	
10	Mon	10:13	10.3	8:56	11.2	3:19	-0.9	3:28	6.7	6:40	7:32	
11	Tue	11:40	10.1	9:48	10.6	4:15	-0.9	4:40	7.7	6:41	7:30	
12	Wed			1:24	10.3	5:18	-0.7	6:23	8.0	6:42	7:28	
13	Thu			2:46	10.7	6:28	-0.5	8:13	7.6	6:44	7:26	
14	Fri	12:26	9.5	3:39	11.2	7:39	-0.3	9:21	6.6	6:45	7:24	
15	Sat	1:52	9.6	4:18	11.5	8:44	-0.2	10:08	5.5	6:46	7:22	
16	Sun	3:05	9.8	4:48	11.7	9:39	0.0	10:47	4.3	6:48	7:20	
17	Mon	4:05	10.1	5:14	11.7	10:27	0.5	11:21	3.2	6:49	7:17	
18	Tue	4:59	10.4	5:36	11.7	11:10	1.2	11:53	2.3	6:50	7:15	
19	Wed	5:48	10.5	5:58	11.6	11:49	2.1			6:52	7:13	
20	Thu	6:36	10.6	6:21	11.4	12:24	1.4	12:28	3.2	6:53	7:11	
21	Fri	7:22	10.7	6:47	11.1	12:55	0.7	1:07	4.3	6:54	7:09	
22	Sat	8:09	10.6	7:15	10.7	1:28	0.3	1:47	5.4	6:56	7:07	
23	Sun	8:58	10.5	7:46	10.2	2:03	0.1	2:31	6.4	6:57	7:05	
24	Mon	9:51	10.3	8:20	9.7	2:42	0.1	3:21	7.1	6:58	7:03	
25	Tue	10:55	10.1	9:02	9.1	3:26	0.4	4:28	7.7	7:00	7:01	
26	Wed			12:16	10.0	4:17	0.8	6:21	7.9	7:01	6:59	
27	Thu			1:41	10.1	5:17	1.2	8:16	7.5	7:02	6:57	
28	Fri			2:38	10.3	6:22	1.4	9:02	6.9	7:04	6:55	
29	Sat	12:42	8.2	3:14	10.6	7:27	1.4	9:28	6.1	7:05	6:53	
30	Sun	1:54	8.6	3:40	10.9	8:24	1.3	9:51	5.2	7:07	6:51	