








Des Moines, WA - Jul 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:22	11.6	5:32	11.4	9:43	-2.1	10:29	7.4	5:16	9:09	
2	Fri	3:12	11.3	6:16	11.9	10:28	-2.5	11:25	7.2	5:17	9:09	
3	Sat	4:01	11.0	6:54	12.1	11:11	-2.5			5:17	9:09	
4	Sun	4:49	10.7	7:28	12.2	12:14	6.9	11:52 AM	-2.3	5:18	9:08	
5	Mon	5:37	10.3	7:58	12.2	12:59	6.5	12:32	-1.9	5:19	9:08	
6	Tue	6:25	9.9	8:27	12.1	1:41	6.1	1:11	-1.2	5:20	9:08	
7	Wed	7:14	9.4	8:55	12.0	2:23	5.6	1:49	-0.3	5:20	9:07	
8	Thu	8:06	8.9	9:24	11.9	3:06	5.0	2:28	0.8	5:21	9:07	
9	Fri	9:03	8.4	9:56	11.7	3:51	4.3	3:07	2.1	5:22	9:06	
10	Sat	10:06	7.9	10:29	11.4	4:37	3.7	3:47	3.5	5:23	9:05	
11	Sun	11:21	7.7	11:06	11.1	5:26	3.0	4:33	4.9	5:24	9:05	
12	Mon			12:54	7.8	6:16	2.2	5:28	6.2	5:25	9:04	
13	Tue			2:38	8.4	7:07	1.5	6:43	7.2	5:26	9:03	
14	Wed	12:31	10.5	3:55	9.2	7:56	0.7	8:08	7.8	5:27	9:03	
15	Thu	1:18	10.4	4:45	10.0	8:42	-0.1	9:21	7.9	5:28	9:02	
16	Fri	2:06	10.4	5:21	10.7	9:27	-0.9	10:15	7.8	5:29	9:01	
17	Sat	2:53	10.6	5:52	11.2	10:10	-1.7	10:58	7.5	5:30	9:00	
18	Sun	3:40	10.8	6:21	11.6	10:52	-2.2	11:39	7.0	5:31	8:59	
19	Mon	4:28	10.9	6:51	12.0	11:35	-2.5			5:32	8:58	
20	Tue	5:18	10.9	7:22	12.4	12:20	6.3	12:17	-2.4	5:33	8:57	
21	Wed	6:12	10.8	7:55	12.6	1:04	5.4	1:00	-1.8	5:34	8:56	
22	Thu	7:10	10.4	8:29	12.8	1:51	4.4	1:44	-0.8	5:35	8:55	
23	Fri	8:12	9.9	9:06	12.8	2:41	3.3	2:29	0.6	5:36	8:54	
24	Sat	9:20	9.3	9:45	12.7	3:34	2.3	3:17	2.3	5:38	8:53	
25	Sun	10:38	8.9	10:28	12.4	4:31	1.4	4:10	4.1	5:39	8:52	
26	Mon			12:15	8.8	5:30	0.6	5:14	5.7	5:40	8:51	
27	Tue			2:05	9.2	6:32	-0.1	6:36	6.9	5:41	8:49	
28	Wed	12:11	11.4	3:33	10.1	7:35	-0.6	8:12	7.4	5:42	8:48	
29	Thu	1:11	11.0	4:34	10.9	8:33	-1.0	9:34	7.3	5:44	8:47	
30	Fri	2:13	10.7	5:20	11.4	9:27	-1.3	10:34	6.9	5:45	8:45	
31	Sat	3:10	10.6	5:57	11.7	10:14	-1.4	11:21	6.4	5:46	8:44	