
































Des Moines, WA - Jun 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:14	11.6	6:28	11.8	11:19	-2.5	11:53	6.4	5:15	8:58	
2	Sun	4:56	11.6	7:15	12.2			12:02	-3.1	5:15	8:59	
3	Mon	5:43	11.4	8:01	12.5	12:44	6.5	12:47	-3.3	5:14	9:00	
4	Tue	6:34	11.0	8:49	12.7	1:37	6.4	1:35	-3.0	5:14	9:01	
5	Wed	7:30	10.4	9:37	12.7	2:35	6.1	2:24	-2.2	5:13	9:01	
6	Thu	8:33	9.7	10:26	12.6	3:38	5.6	3:15	-1.1	5:13	9:02	
7	Fri	9:45	8.9	11:16	12.5	4:46	4.9	4:10	0.3	5:13	9:03	
8	Sat	11:09	8.2			5:56	3.9	5:09	1.8	5:12	9:04	
9	Sun	12:06	12.3	12:45	8.1	7:02	2.8	6:15	3.3	5:12	9:04	
10	Mon	12:55	12.1	2:22	8.5	8:01	1.6	7:27	4.6	5:12	9:05	
11	Tue	1:42	11.9	3:43	9.3	8:51	0.5	8:39	5.5	5:12	9:06	
12	Wed	2:25	11.6	4:46	10.2	9:35	-0.4	9:46	6.1	5:11	9:06	
13	Thu	3:05	11.4	5:38	10.9	10:14	-1.0	10:44	6.4	5:11	9:07	
14	Fri	3:43	11.1	6:21	11.3	10:50	-1.4	11:34	6.6	5:11	9:07	
15	Sat	4:20	10.7	6:57	11.6	11:24	-1.6			5:11	9:08	
16	Sun	4:58	10.4	7:29	11.7	12:18	6.7	11:58 AM	-1.6	5:11	9:08	
17	Mon	5:36	10.1	7:59	11.8	12:59	6.7	12:33	-1.5	5:11	9:08	
18	Tue	6:17	9.8	8:28	11.9	1:38	6.6	1:10	-1.2	5:11	9:09	
19	Wed	7:00	9.4	8:59	11.9	2:19	6.4	1:47	-0.7	5:12	9:09	
20	Thu	7:46	8.9	9:33	11.9	3:01	6.0	2:25	-0.1	5:12	9:09	
21	Fri	8:37	8.4	10:09	11.8	3:47	5.6	3:05	0.8	5:12	9:09	
22	Sat	9:34	7.9	10:46	11.7	4:36	5.0	3:47	1.8	5:12	9:10	
23	Sun	10:41	7.6	11:26	11.6	5:27	4.3	4:33	2.9	5:13	9:10	
24	Mon	11:58	7.5			6:18	3.4	5:26	4.1	5:13	9:10	
25	Tue	12:06	11.5	1:24	7.8	7:09	2.4	6:28	5.2	5:13	9:10	
26	Wed	12:49	11.4	2:45	8.6	7:56	1.2	7:37	6.1	5:14	9:10	
27	Thu	1:31	11.4	3:51	9.5	8:42	-0.1	8:45	6.6	5:14	9:10	
28	Fri	2:15	11.5	4:45	10.5	9:27	-1.2	9:47	6.9	5:15	9:10	
29	Sat	3:00	11.7	5:33	11.3	10:12	-2.3	10:44	6.9	5:15	9:10	
30	Sun	3:47	11.8	6:17	11.9	10:58	-3.0	11:37	6.7	5:16	9:09	