

































## Des Moines, WA - Aug 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:22	11.3	7:49	12.8	1:01	4.3	1:00	-1.6	5:48	8:42	
2	Fri	7:22	10.8	8:29	12.8	1:51	3.5	1:47	-0.5	5:49	8:41	
3	Sat	8:24	10.2	9:09	12.5	2:44	2.8	2:35	1.0	5:50	8:40	
4	Sun	9:31	9.5	9:52	12.2	3:38	2.2	3:26	2.6	5:52	8:38	
5	Mon	10:48	9.0	10:38	11.6	4:36	1.7	4:22	4.2	5:53	8:37	
6	Tue			12:21	8.8	5:36	1.3	5:31	5.5	5:54	8:35	
7	Wed			2:03	9.2	6:38	1.0	6:57	6.5	5:55	8:33	
8	Thu	12:26	10.5	3:24	9.8	7:38	0.7	8:30	6.8	5:57	8:32	
9	Fri	1:25	10.2	4:21	10.4	8:34	0.4	9:41	6.6	5:58	8:30	
10	Sat	2:22	10.0	5:03	10.8	9:23	0.1	10:32	6.3	5:59	8:29	
11	Sun	3:13	10.0	5:36	11.1	10:05	-0.1	11:10	6.0	6:01	8:27	
12	Mon	3:57	10.0	6:01	11.1	10:43	-0.2	11:41	5.7	6:02	8:25	
13	Tue	4:38	10.1	6:23	11.2	11:18	-0.1			6:03	8:24	
14	Wed	5:17	10.1	6:43	11.3	12:08	5.2	11:51 AM	0.0	6:05	8:22	
15	Thu	5:55	10.1	7:06	11.4	12:35	4.7	12:25	0.3	6:06	8:20	
16	Fri	6:35	10.0	7:33	11.5	1:05	4.2	12:59	0.8	6:07	8:19	
17	Sat	7:17	9.9	8:02	11.6	1:39	3.6	1:34	1.5	6:09	8:17	
18	Sun	8:03	9.7	8:33	11.5	2:16	3.0	2:10	2.4	6:10	8:15	
19	Mon	8:53	9.5	9:07	11.3	2:57	2.4	2:50	3.4	6:11	8:13	
20	Tue	9:50	9.2	9:44	11.1	3:42	1.9	3:34	4.5	6:13	8:11	
21	Wed	10:58	9.0	10:28	10.8	4:33	1.4	4:27	5.6	6:14	8:10	
22	Thu			12:20	9.1	5:30	0.9	5:36	6.5	6:15	8:08	
23	Fri			1:50	9.5	6:32	0.4	7:00	6.9	6:17	8:06	
24	Sat	12:24	10.5	3:04	10.1	7:35	-0.2	8:20	6.8	6:18	8:04	
25	Sun	1:31	10.6	3:56	10.8	8:35	-0.8	9:25	6.2	6:19	8:02	
26	Mon	2:35	10.9	4:38	11.4	9:30	-1.2	10:18	5.3	6:21	8:00	
27	Tue	3:35	11.2	5:16	11.9	10:21	-1.4	11:05	4.3	6:22	7:58	
28	Wed	4:32	11.5	5:52	12.2	11:10	-1.2	11:51	3.3	6:23	7:56	
29	Thu	5:28	11.5	6:28	12.4	11:56	-0.7			6:25	7:55	
30	Fri	6:23	11.4	7:05	12.4	12:36	2.3	12:42	0.3	6:26	7:53	
31	Sat	7:20	11.1	7:43	12.2	1:22	1.6	1:29	1.4	6:27	7:51	