






























## Des Moines, WA - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:01	10.9	10:44	9.3	3:01	5.8	4:00	1.3	6:48	5:54	
2	Sun	9:49	10.6			4:03	6.7	4:59	1.0	6:46	5:56	
3	Mon	12:13	9.5	10:49 AM	10.3	5:25	7.3	6:03	0.5	6:44	5:57	
4	Tue	1:37	10.1	11:58 AM	10.3	6:53	7.3	7:05	0.0	6:42	5:58	
5	Wed	2:35	10.8	1:07	10.6	8:04	6.8	8:04	-0.5	6:40	6:00	
6	Thu	3:18	11.5	2:10	11.0	8:59	5.9	8:57	-0.9	6:39	6:01	
7	Fri	3:56	12.0	3:09	11.4	9:46	4.8	9:47	-0.9	6:37	6:03	
8	Sat	4:31	12.4	4:06	11.7	10:31	3.6	10:34	-0.5	6:35	6:04	
9	Sun	5:06	12.7	5:01	11.8	11:15	2.5	11:21	0.2	6:33	6:06	
10	Mon	5:43	12.9	5:57	11.7	11:59	1.5			6:31	6:07	
11	Tue	6:20	12.8	6:55	11.4	12:07	1.3	12:45	0.8	6:29	6:09	
12	Wed	6:59	12.5	7:54	11.0	12:54	2.5	1:32	0.4	6:27	6:10	
13	Thu	7:40	12.0	8:58	10.6	1:44	3.8	2:22	0.3	6:25	6:12	
14	Fri	8:25	11.3	10:13	10.2	2:39	5.1	3:15	0.5	6:23	6:13	
15	Sat	9:16	10.5	11:43	10.1	3:47	6.1	4:13	0.9	6:21	6:15	
16	Sun	10:17	9.7			5:17	6.7	5:17	1.3	6:19	6:16	
17	Mon	1:11	10.3	11:31 AM	9.2	6:59	6.7	6:24	1.5	6:17	6:17	
18	Tue	2:16	10.6	12:47	9.1	8:13	6.2	7:26	1.5	6:15	6:19	
19	Wed	3:02	10.9	1:52	9.2	9:02	5.5	8:20	1.5	6:13	6:20	
20	Thu	3:35	11.0	2:45	9.5	9:38	4.9	9:04	1.6	6:11	6:22	
21	Fri	4:00	11.1	3:30	9.8	10:06	4.3	9:43	1.7	6:09	6:23	
22	Sat	4:21	11.2	4:09	10.1	10:31	3.7	10:18	2.0	6:07	6:24	
23	Sun	4:41	11.3	4:47	10.3	10:55	3.0	10:52	2.3	6:05	6:26	
24	Mon	5:04	11.3	5:24	10.5	11:21	2.3	11:26	2.8	6:03	6:27	
25	Tue	5:29	11.4	6:03	10.6	11:51	1.7			6:01	6:29	
26	Wed	5:57	11.3	6:44	10.7	12:01	3.4	12:25	1.1	5:59	6:30	
27	Thu	6:28	11.2	7:29	10.7	12:38	4.1	1:02	0.6	5:57	6:32	
28	Fri	7:00	10.9	8:19	10.6	1:17	4.8	1:43	0.3	5:55	6:33	
29	Sat	7:37	10.6	9:15	10.4	2:02	5.6	2:29	0.2	5:53	6:34	
30	Sun	8:20	10.2	10:22	10.3	2:56	6.3	3:22	0.2	5:51	6:36	
31	Mon	9:15	9.8	11:38	10.4	4:04	6.8	4:21	0.4	5:49	6:37	