























## Des Moines, WA - Aug 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:50	9.7	9:09	12.2	2:36	4.6	2:21	0.1	5:47	8:43	
2	Mon	8:48	9.3	9:45	12.1	3:23	3.8	3:05	1.3	5:48	8:42	
3	Tue	9:53	8.9	10:24	12.0	4:14	2.9	3:52	2.7	5:49	8:41	
4	Wed	11:11	8.7	11:08	11.8	5:10	2.0	4:47	4.3	5:51	8:39	
5	Thu			12:43	8.8	6:10	1.0	5:55	5.6	5:52	8:38	
6	Fri			2:21	9.4	7:10	0.1	7:16	6.6	5:53	8:36	
7	Sat	12:54	11.4	3:42	10.2	8:09	-0.8	8:39	6.9	5:55	8:35	
8	Sun	1:52	11.3	4:40	11.0	9:05	-1.6	9:49	6.8	5:56	8:33	
9	Mon	2:50	11.3	5:26	11.7	9:57	-2.1	10:47	6.4	5:57	8:31	
10	Tue	3:45	11.3	6:06	12.0	10:46	-2.3	11:37	5.9	5:58	8:30	
11	Wed	4:39	11.2	6:43	12.2	11:32	-2.2			6:00	8:28	
12	Thu	5:31	11.0	7:17	12.3	12:22	5.3	12:16	-1.7	6:01	8:27	
13	Fri	6:22	10.7	7:51	12.2	1:06	4.7	12:59	-0.9	6:02	8:25	
14	Sat	7:14	10.2	8:24	12.0	1:50	4.1	1:41	0.1	6:04	8:23	
15	Sun	8:08	9.7	8:58	11.7	2:34	3.6	2:23	1.4	6:05	8:22	
16	Mon	9:05	9.2	9:33	11.4	3:20	3.1	3:07	2.8	6:06	8:20	
17	Tue	10:08	8.8	10:11	10.9	4:07	2.7	3:55	4.2	6:08	8:18	
18	Wed	11:25	8.5	10:54	10.4	4:58	2.4	4:51	5.5	6:09	8:16	
19	Thu			1:02	8.6	5:52	2.0	6:05	6.5	6:10	8:15	
20	Fri			2:40	9.1	6:49	1.7	7:41	7.0	6:12	8:13	
21	Sat	12:38	9.6	3:46	9.7	7:45	1.3	9:05	7.0	6:13	8:11	
22	Sun	1:35	9.5	4:30	10.3	8:37	0.8	10:00	6.8	6:14	8:09	
23	Mon	2:29	9.6	5:03	10.7	9:23	0.3	10:37	6.5	6:16	8:07	
24	Tue	3:16	9.8	5:30	11.0	10:05	-0.1	11:06	6.1	6:17	8:05	
25	Wed	3:59	10.1	5:54	11.3	10:44	-0.5	11:34	5.6	6:18	8:04	
26	Thu	4:41	10.4	6:19	11.5	11:22	-0.6			6:20	8:02	
27	Fri	5:23	10.6	6:45	11.7	12:05	5.0	12:00	-0.6	6:21	8:00	
28	Sat	6:08	10.7	7:15	11.9	12:40	4.2	12:39	-0.2	6:22	7:58	
29	Sun	6:56	10.7	7:47	12.0	1:18	3.3	1:19	0.6	6:24	7:56	
30	Mon	7:48	10.5	8:21	12.0	2:00	2.5	2:01	1.6	6:25	7:54	
31	Tue	8:46	10.2	8:58	11.8	2:46	1.7	2:47	2.9	6:26	7:52	