

Des Moines, WA - May 2000

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|------|----------|------|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 3:42 | 11.4 | 4:13 | 9.7 | 10:16 | 2.3 | 10:04 | 3.0 | 5:51 | 8:21 | ☾ |
| 2 | Tue | 4:10 | 11.6 | 5:03 | 10.4 | 10:47 | 1.0 | 10:50 | 3.6 | 5:49 | 8:22 | ☾ |
| 3 | Wed | 4:40 | 11.7 | 5:52 | 11.1 | 11:22 | -0.3 | 11:35 | 4.3 | 5:48 | 8:24 | ☾ |
| 4 | Thu | 5:11 | 11.8 | 6:42 | 11.7 | | | 12:00 | -1.4 | 5:46 | 8:25 | ● |
| 5 | Fri | 5:46 | 11.8 | 7:35 | 12.0 | 12:21 | 5.0 | 12:41 | -2.3 | 5:45 | 8:26 | ● |
| 6 | Sat | 6:24 | 11.5 | 8:30 | 12.2 | 1:10 | 5.7 | 1:26 | -2.7 | 5:43 | 8:28 | ● |
| 7 | Sun | 7:07 | 11.1 | 9:27 | 12.2 | 2:04 | 6.4 | 2:13 | -2.7 | 5:42 | 8:29 | ☾ |
| 8 | Mon | 7:56 | 10.5 | 10:29 | 12.0 | 3:05 | 6.8 | 3:05 | -2.2 | 5:40 | 8:30 | ☾ |
| 9 | Tue | 8:55 | 9.7 | 11:35 | 11.9 | 4:17 | 6.9 | 4:01 | -1.3 | 5:39 | 8:32 | ☾ |
| 10 | Wed | 10:09 | 8.9 | | | 5:43 | 6.6 | 5:03 | -0.3 | 5:37 | 8:33 | ☾ |
| 11 | Thu | 12:40 | 11.9 | 11:39 AM | 8.2 | 7:10 | 5.7 | 6:10 | 0.8 | 5:36 | 8:34 | ☾ |
| 12 | Fri | 1:38 | 11.9 | 1:16 | 8.1 | 8:18 | 4.5 | 7:19 | 1.8 | 5:35 | 8:35 | ☾ |
| 13 | Sat | 2:25 | 11.9 | 2:43 | 8.5 | 9:09 | 3.2 | 8:25 | 2.6 | 5:33 | 8:37 | ☾ |
| 14 | Sun | 3:05 | 11.9 | 3:55 | 9.2 | 9:51 | 1.9 | 9:25 | 3.4 | 5:32 | 8:38 | ☾ |
| 15 | Mon | 3:38 | 11.8 | 4:55 | 9.9 | 10:26 | 0.8 | 10:18 | 4.2 | 5:31 | 8:39 | ☾ |
| 16 | Tue | 4:07 | 11.6 | 5:46 | 10.5 | 10:58 | 0.0 | 11:07 | 4.9 | 5:30 | 8:41 | ☾ |
| 17 | Wed | 4:35 | 11.4 | 6:31 | 10.9 | 11:29 | -0.7 | 11:52 | 5.6 | 5:29 | 8:42 | ☾ |
| 18 | Thu | 5:04 | 11.0 | 7:13 | 11.3 | 11:59 | -1.1 | | | 5:27 | 8:43 | ☾ |
| 19 | Fri | 5:34 | 10.7 | 7:51 | 11.5 | 12:36 | 6.2 | 12:31 | -1.4 | 5:26 | 8:44 | ☾ |
| 20 | Sat | 6:06 | 10.3 | 8:28 | 11.6 | 1:20 | 6.6 | 1:04 | -1.4 | 5:25 | 8:45 | ☾ |
| 21 | Sun | 6:42 | 9.8 | 9:06 | 11.6 | 2:05 | 6.9 | 1:41 | -1.2 | 5:24 | 8:47 | ☾ |
| 22 | Mon | 7:21 | 9.3 | 9:47 | 11.6 | 2:54 | 7.1 | 2:20 | -0.9 | 5:23 | 8:48 | ☾ |
| 23 | Tue | 8:05 | 8.8 | 10:31 | 11.5 | 3:48 | 7.1 | 3:02 | -0.3 | 5:22 | 8:49 | ☾ |
| 24 | Wed | 8:56 | 8.2 | 11:18 | 11.4 | 4:51 | 6.9 | 3:48 | 0.3 | 5:21 | 8:50 | ☾ |
| 25 | Thu | 10:00 | 7.7 | | | 5:59 | 6.5 | 4:38 | 1.1 | 5:21 | 8:51 | ☾ |
| 26 | Fri | 12:06 | 11.3 | 11:16 AM | 7.4 | 7:00 | 5.8 | 5:33 | 1.9 | 5:20 | 8:52 | ☾ |
| 27 | Sat | 12:51 | 11.3 | 12:37 | 7.4 | 7:47 | 4.8 | 6:32 | 2.7 | 5:19 | 8:53 | ☾ |
| 28 | Sun | 1:31 | 11.4 | 1:55 | 7.9 | 8:25 | 3.6 | 7:33 | 3.4 | 5:18 | 8:54 | ☾ |
| 29 | Mon | 2:08 | 11.5 | 3:04 | 8.7 | 9:01 | 2.2 | 8:32 | 4.2 | 5:17 | 8:55 | ☾ |
| 30 | Tue | 2:42 | 11.7 | 4:04 | 9.6 | 9:36 | 0.8 | 9:28 | 4.9 | 5:17 | 8:56 | ☾ |
| 31 | Wed | 3:15 | 11.8 | 4:59 | 10.6 | 10:14 | -0.7 | 10:22 | 5.5 | 5:16 | 8:57 | ☾ |