


Des Moines, WA - Aug 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:07	10.0	8:51	12.3	2:07	5.6	1:53	-1.0	5:47	8:43	
2	Sat	8:05	9.6	9:23	12.4	2:52	4.6	2:35	0.2	5:48	8:42	
3	Sun	9:10	9.1	9:56	12.3	3:42	3.5	3:19	1.8	5:49	8:41	
4	Mon	10:25	8.7	10:33	12.1	4:35	2.3	4:08	3.7	5:51	8:39	
5	Tue	11:57	8.6	11:15	11.8	5:31	1.1	5:07	5.5	5:52	8:38	
6	Wed			1:50	9.0	6:30	0.1	6:24	7.0	5:53	8:36	
7	Thu	12:04	11.5	3:30	10.0	7:30	-0.8	7:58	7.8	5:55	8:35	
8	Fri	1:00	11.2	4:36	11.0	8:29	-1.6	9:25	7.9	5:56	8:33	
9	Sat	2:00	11.0	5:25	11.6	9:24	-2.1	10:31	7.6	5:57	8:31	
10	Sun	3:00	10.9	6:05	12.0	10:15	-2.3	11:23	7.0	5:58	8:30	
11	Mon	3:57	10.8	6:40	12.1	11:02	-2.3			6:00	8:28	
12	Tue	4:50	10.7	7:11	12.1	12:06	6.4	11:46 AM	-2.0	6:01	8:27	
13	Wed	5:41	10.5	7:39	12.0	12:47	5.8	12:28	-1.5	6:02	8:25	
14	Thu	6:31	10.2	8:06	11.9	1:26	5.1	1:08	-0.6	6:04	8:23	
15	Fri	7:23	9.8	8:33	11.7	2:06	4.4	1:47	0.6	6:05	8:22	
16	Sat	8:16	9.3	9:00	11.5	2:46	3.8	2:26	1.9	6:06	8:20	
17	Sun	9:13	8.9	9:30	11.1	3:28	3.1	3:05	3.4	6:08	8:18	
18	Mon	10:19	8.6	10:02	10.7	4:11	2.5	3:48	4.9	6:09	8:16	
19	Tue	11:40	8.4	10:38	10.1	4:59	2.0	4:41	6.4	6:10	8:14	
20	Wed			1:30	8.7	5:50	1.6	6:00	7.5	6:12	8:13	
21	Thu			3:13	9.4	6:46	1.3	8:04	8.0	6:13	8:11	
22	Fri	12:17	9.3	4:12	10.1	7:42	0.8	9:38	7.9	6:14	8:09	
23	Sat	1:19	9.2	4:51	10.7	8:36	0.3	10:23	7.6	6:16	8:07	
24	Sun	2:17	9.3	5:20	11.1	9:25	-0.3	10:51	7.3	6:17	8:05	
25	Mon	3:08	9.7	5:46	11.3	10:09	-0.8	11:15	6.8	6:18	8:03	
26	Tue	3:55	10.1	6:09	11.6	10:51	-1.2	11:43	6.1	6:20	8:02	
27	Wed	4:40	10.4	6:33	11.8	11:31	-1.4			6:21	8:00	
28	Thu	5:27	10.7	6:59	12.0	12:15	5.3	12:11	-1.1	6:22	7:58	
29	Fri	6:17	10.7	7:27	12.1	12:51	4.2	12:51	-0.4	6:24	7:56	
30	Sat	7:11	10.6	7:57	12.2	1:32	3.1	1:32	0.8	6:25	7:54	
31	Sun	8:10	10.4	8:29	12.1	2:16	1.9	2:15	2.2	6:26	7:52	