
































## Des Moines, WA - Nov 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:25	11.7	6:14	9.4	12:52	-1.0	2:09	8.0	6:53	4:51	
2	Tue	9:15	11.5	6:53	8.8	1:32	-0.5	3:23	8.1	6:55	4:50	
3	Wed	10:12	11.3	7:47	8.2	2:18	0.1	5:22	7.8	6:56	4:48	
4	Thu	11:12	11.2	9:10	7.6	3:10	0.9	6:48	7.2	6:58	4:47	
5	Fri			12:06	11.2	4:09	1.5	7:26	6.4	6:59	4:45	
6	Sat			12:49	11.3	5:12	2.1	7:51	5.5	7:01	4:44	
7	Sun	12:11	7.6	1:22	11.5	6:13	2.6	8:11	4.4	7:02	4:43	
8	Mon	1:23	8.2	1:50	11.7	7:10	3.1	8:34	3.1	7:04	4:41	
9	Tue	2:24	9.0	2:16	11.8	8:02	3.8	9:01	1.6	7:05	4:40	
10	Wed	3:18	9.9	2:41	12.0	8:50	4.5	9:31	0.0	7:07	4:39	
11	Thu	4:09	10.9	3:08	12.1	9:37	5.3	10:05	-1.4	7:08	4:37	
12	Fri	4:59	11.7	3:38	12.2	10:24	6.2	10:43	-2.5	7:10	4:36	
13	Sat	5:49	12.3	4:11	12.1	11:12	7.0	11:24	-3.2	7:11	4:35	
14	Sun	6:42	12.7	4:49	11.8			12:03	7.7	7:13	4:34	
15	Mon	7:37	12.8	5:32	11.3	12:09	-3.4	12:59	8.1	7:14	4:33	
16	Tue	8:35	12.7	6:24	10.6	12:57	-3.1	2:04	8.2	7:16	4:32	
17	Wed	9:36	12.5	7:28	9.7	1:49	-2.3	3:24	8.0	7:17	4:31	
18	Thu	10:39	12.4	8:50	8.8	2:46	-1.2	4:56	7.2	7:19	4:30	
19	Fri	11:36	12.3	10:30	8.1	3:48	0.1	6:16	6.0	7:20	4:29	
20	Sat			12:26	12.3	4:54	1.4	7:15	4.4	7:22	4:28	
21	Sun	12:16	8.1	1:07	12.3	6:03	2.7	8:01	2.9	7:23	4:27	
22	Mon	1:49	8.7	1:41	12.2	7:11	3.9	8:39	1.4	7:24	4:26	
23	Tue	3:04	9.6	2:10	12.1	8:13	5.0	9:12	0.2	7:26	4:25	
24	Wed	4:06	10.5	2:37	11.8	9:10	6.0	9:43	-0.7	7:27	4:24	
25	Thu	4:57	11.3	3:03	11.5	10:03	6.8	10:12	-1.3	7:28	4:24	
26	Fri	5:42	11.9	3:30	11.1	10:52	7.5	10:42	-1.7	7:30	4:23	
27	Sat	6:22	12.2	4:00	10.7	11:38	7.9	11:14	-1.8	7:31	4:22	
28	Sun	6:58	12.4	4:31	10.3			12:24	8.2	7:32	4:22	
29	Mon	7:33	12.4	5:07	9.9			1:11	8.3	7:34	4:21	
30	Tue	8:09	12.3	5:46	9.4	12:25	-1.3	2:00	8.2	7:35	4:21	