
































## Des Moines, WA - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:02	8.0	10:35	11.7	4:29	5.6	3:26	1.3	5:16	9:09	
2	Sun	10:10	7.5	11:06	11.5	5:18	4.8	4:07	2.7	5:17	9:09	
3	Mon	11:32	7.2	11:38	11.3	6:05	3.7	4:51	4.3	5:17	9:09	
4	Tue			1:11	7.4	6:51	2.7	5:44	5.8	5:18	9:08	
5	Wed	12:12	11.0	2:58	8.2	7:34	1.6	6:53	7.1	5:19	9:08	
6	Thu	12:47	10.8	4:18	9.3	8:15	0.5	8:17	8.0	5:20	9:08	
7	Fri	1:25	10.6	5:11	10.3	8:57	-0.6	9:34	8.5	5:20	9:07	
8	Sat	2:05	10.6	5:52	11.0	9:39	-1.5	10:33	8.6	5:21	9:07	
9	Sun	2:48	10.7	6:27	11.6	10:22	-2.4	11:21	8.6	5:22	9:06	
10	Mon	3:35	10.8	7:01	12.0	11:06	-3.0			5:23	9:05	
11	Tue	4:24	10.9	7:35	12.3	12:04	8.3	11:51 AM	-3.4	5:24	9:05	
12	Wed	5:17	10.9	8:09	12.5	12:47	7.8	12:36	-3.4	5:25	9:04	
13	Thu	6:13	10.7	8:42	12.6	1:34	7.1	1:21	-2.9	5:26	9:03	
14	Fri	7:14	10.2	9:16	12.7	2:24	6.1	2:06	-1.9	5:27	9:03	
15	Sat	8:20	9.5	9:50	12.8	3:18	5.0	2:52	-0.4	5:28	9:02	
16	Sun	9:34	8.8	10:26	12.7	4:15	3.7	3:40	1.5	5:29	9:01	
17	Mon	11:01	8.3	11:04	12.4	5:13	2.3	4:32	3.6	5:30	9:00	
18	Tue			12:47	8.3	6:12	1.0	5:34	5.6	5:31	8:59	
19	Wed			2:43	9.1	7:09	-0.1	6:55	7.2	5:32	8:58	
20	Thu	12:31	11.6	4:10	10.3	8:04	-1.0	8:33	8.1	5:33	8:57	
21	Fri	1:22	11.1	5:09	11.2	8:56	-1.6	10:01	8.2	5:34	8:56	
22	Sat	2:15	10.7	5:55	11.8	9:45	-1.9	11:04	8.0	5:35	8:55	
23	Sun	3:08	10.4	6:33	12.0	10:30	-2.0	11:51	7.6	5:36	8:54	
24	Mon	3:59	10.3	7:06	12.0	11:12	-2.0			5:38	8:53	
25	Tue	4:46	10.1	7:33	11.9	12:29	7.2	11:51 AM	-1.8	5:39	8:52	
26	Wed	5:31	10.0	7:56	11.8	1:03	6.8	12:29	-1.4	5:40	8:51	
27	Thu	6:16	9.7	8:18	11.8	1:36	6.3	1:05	-0.8	5:41	8:50	
28	Fri	7:03	9.4	8:40	11.7	2:10	5.7	1:40	0.0	5:42	8:48	
29	Sat	7:52	9.0	9:04	11.7	2:46	4.9	2:14	1.1	5:44	8:47	
30	Sun	8:45	8.5	9:31	11.5	3:24	4.2	2:49	2.4	5:45	8:46	
31	Mon	9:45	8.2	9:59	11.3	4:05	3.3	3:25	3.8	5:46	8:44	