
































Des Moines, WA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:25	12.6	7:33	8.8	1:18	0.3	2:41	5.6	7:56	4:29	
2	Fri	8:54	12.6	8:37	8.4	1:55	1.4	3:27	4.6	7:56	4:30	
3	Sat	9:25	12.5	9:54	8.1	2:34	2.9	4:16	3.5	7:56	4:31	
4	Sun	9:58	12.3	11:28	8.3	3:18	4.5	5:08	2.2	7:56	4:32	
5	Mon	10:35	12.2			4:11	6.2	6:02	0.9	7:56	4:33	
6	Tue	1:19	9.0	11:18 AM	12.0	5:25	7.7	6:55	-0.4	7:55	4:34	
7	Wed	2:52	10.2	12:08	12.0	6:56	8.7	7:48	-1.6	7:55	4:36	
8	Thu	3:53	11.3	1:03	12.0	8:21	9.0	8:40	-2.6	7:55	4:37	
9	Fri	4:40	12.2	2:01	12.0	9:29	8.8	9:30	-3.3	7:54	4:38	
10	Sat	5:20	12.8	2:58	12.0	10:25	8.4	10:19	-3.5	7:54	4:39	
11	Sun	5:57	13.2	3:56	11.9	11:16	7.6	11:06	-3.3	7:53	4:40	
12	Mon	6:33	13.4	4:55	11.5			12:06	6.8	7:53	4:42	
13	Tue	7:08	13.5	5:55	10.9			12:56	5.8	7:52	4:43	
14	Wed	7:42	13.5	6:58	10.1	12:37	-1.4	1:48	4.8	7:52	4:44	
15	Thu	8:16	13.4	8:05	9.3	1:22	0.2	2:41	3.8	7:51	4:46	
16	Fri	8:50	13.1	9:22	8.7	2:07	2.0	3:35	2.9	7:50	4:47	
17	Sat	9:25	12.6	10:59	8.5	2:54	4.0	4:31	2.1	7:50	4:49	
18	Sun	10:04	12.0			3:49	5.9	5:27	1.5	7:49	4:50	
19	Mon	1:01	9.0	10:46 AM	11.4	5:03	7.5	6:22	0.9	7:48	4:51	
20	Tue	2:41	10.0	11:36 AM	10.8	6:53	8.4	7:15	0.4	7:47	4:53	
21	Wed	3:43	10.9	12:30	10.4	8:35	8.6	8:04	0.0	7:46	4:54	
22	Thu	4:27	11.6	1:25	10.2	9:39	8.3	8:47	-0.3	7:45	4:56	
23	Fri	5:01	11.9	2:15	10.2	10:22	8.0	9:26	-0.6	7:44	4:57	
24	Sat	5:28	12.0	3:00	10.3	10:53	7.7	10:03	-0.8	7:43	4:59	
25	Sun	5:50	12.1	3:42	10.3	11:19	7.4	10:37	-0.9	7:42	5:00	
26	Mon	6:08	12.2	4:23	10.3	11:43	6.9	11:11	-0.7	7:41	5:02	
27	Tue	6:26	12.3	5:04	10.2			12:10	6.2	7:40	5:03	
28	Wed	6:46	12.4	5:48	10.1			12:42	5.5	7:39	5:05	
29	Thu	7:09	12.6	6:35	9.8	12:18	0.3	1:17	4.6	7:38	5:06	
30	Fri	7:34	12.6	7:28	9.5	12:53	1.3	1:56	3.6	7:37	5:08	
31	Sat	8:00	12.6	8:28	9.2	1:28	2.6	2:39	2.6	7:35	5:09	