

































Des Moines, WA - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:43	9.3	4:25	11.0	9:50	2.2	10:45	3.3	7:08	6:48	
2	Fri	4:28	9.8	4:43	11.1	10:28	2.6	11:08	2.2	7:10	6:46	
3	Sat	5:10	10.3	5:03	11.3	11:04	3.2	11:34	1.2	7:11	6:44	
4	Sun	5:52	10.7	5:25	11.3	11:40	3.9			7:13	6:42	
5	Mon	6:35	11.1	5:51	11.3	12:04	0.2	12:17	4.7	7:14	6:40	
6	Tue	7:20	11.3	6:19	11.2	12:38	-0.7	12:57	5.6	7:15	6:38	
7	Wed	8:09	11.4	6:50	11.0	1:17	-1.3	1:40	6.4	7:17	6:36	
8	Thu	9:03	11.4	7:26	10.7	1:59	-1.6	2:29	7.2	7:18	6:34	
9	Fri	10:05	11.2	8:11	10.3	2:48	-1.5	3:28	7.7	7:20	6:32	
10	Sat	11:17	11.0	9:12	9.6	3:43	-1.1	4:46	7.9	7:21	6:30	
11	Sun			12:35	11.0	4:45	-0.5	6:25	7.6	7:22	6:28	
12	Mon			1:40	11.2	5:53	0.1	7:50	6.5	7:24	6:27	
13	Tue	12:18	8.8	2:28	11.5	7:03	0.7	8:47	5.1	7:25	6:25	
14	Wed	1:50	9.0	3:06	11.8	8:09	1.3	9:31	3.5	7:27	6:23	
15	Thu	3:08	9.6	3:38	12.0	9:08	2.0	10:10	1.9	7:28	6:21	
16	Fri	4:14	10.3	4:07	12.1	10:01	2.8	10:47	0.5	7:30	6:19	
17	Sat	5:12	10.9	4:36	12.1	10:51	3.8	11:22	-0.7	7:31	6:17	
18	Sun	6:06	11.4	5:06	11.9	11:38	4.8	11:58	-1.4	7:32	6:15	
19	Mon	6:56	11.8	5:37	11.5			12:25	5.7	7:34	6:14	
20	Tue	7:45	11.9	6:11	11.0	12:34	-1.8	1:13	6.5	7:35	6:12	
21	Wed	8:33	11.9	6:47	10.4	1:11	-1.7	2:05	7.1	7:37	6:10	
22	Thu	9:23	11.7	7:28	9.8	1:51	-1.3	3:02	7.5	7:38	6:08	
23	Fri	10:16	11.4	8:15	9.1	2:34	-0.7	4:13	7.6	7:40	6:06	
24	Sat	11:13	11.1	9:15	8.4	3:21	0.1	5:45	7.4	7:41	6:05	
25	Sun			12:14	10.9	4:14	0.9	7:12	6.8	7:43	6:03	
26	Mon			1:07	10.9	5:13	1.8	8:07	6.0	7:44	6:01	
27	Tue	12:00	7.6	1:49	10.9	6:16	2.5	8:45	5.1	7:46	6:00	
28	Wed	1:25	7.8	2:22	11.0	7:18	3.1	9:13	4.0	7:47	5:58	
29	Thu	2:36	8.3	2:49	11.1	8:15	3.7	9:37	2.9	7:49	5:56	
30	Fri	3:34	9.1	3:13	11.3	9:05	4.3	10:01	1.7	7:50	5:55	
31	Sat	4:24	9.8	3:37	11.4	9:51	4.9	10:28	0.4	7:52	5:53	