

































Des Moines, WA - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:57	11.9	2:45	11.7	10:00	8.1	10:08	-2.8	7:36	4:20	
2	Wed	5:40	12.5	3:25	11.8	10:49	8.3	10:50	-3.3	7:37	4:20	
3	Thu	6:24	12.8	4:10	11.6	11:38	8.3	11:35	-3.5	7:38	4:19	
4	Fri	7:09	13.0	5:00	11.3			12:30	8.1	7:39	4:19	
5	Sat	7:54	13.1	5:58	10.7	12:23	-3.1	1:27	7.7	7:40	4:19	
6	Sun	8:39	13.0	7:03	9.9	1:11	-2.4	2:30	7.0	7:42	4:19	
7	Mon	9:23	13.0	8:20	9.0	2:02	-1.1	3:39	6.0	7:43	4:18	
8	Tue	10:07	12.9	9:50	8.3	2:55	0.5	4:49	4.7	7:44	4:18	
9	Wed	10:50	12.8	11:38	8.1	3:51	2.3	5:53	3.2	7:45	4:18	
10	Thu	11:33	12.6			4:55	4.2	6:49	1.7	7:46	4:18	
11	Fri	1:28	8.8	12:15	12.4	6:08	5.8	7:37	0.3	7:46	4:18	
12	Sat	2:56	9.9	12:56	12.1	7:28	7.1	8:20	-0.8	7:47	4:18	
13	Sun	4:01	11.1	1:36	11.7	8:44	7.8	9:00	-1.5	7:48	4:18	
14	Mon	4:52	12.0	2:16	11.4	9:49	8.1	9:37	-1.9	7:49	4:18	
15	Tue	5:34	12.5	2:55	11.0	10:44	8.2	10:13	-2.0	7:50	4:19	
16	Wed	6:11	12.7	3:36	10.7	11:30	8.1	10:49	-1.9	7:50	4:19	
17	Thu	6:44	12.8	4:17	10.4			12:12	8.0	7:51	4:19	
18	Fri	7:12	12.7	5:00	10.1			12:50	7.8	7:52	4:20	
19	Sat	7:40	12.6	5:44	9.7	12:02	-1.3	1:29	7.4	7:52	4:20	
20	Sun	8:07	12.5	6:32	9.2	12:40	-0.8	2:10	6.9	7:53	4:20	
21	Mon	8:36	12.4	7:25	8.7	1:17	0.0	2:54	6.3	7:53	4:21	
22	Tue	9:07	12.4	8:25	8.1	1:55	1.0	3:41	5.6	7:54	4:21	
23	Wed	9:38	12.2	9:37	7.7	2:34	2.3	4:29	4.7	7:54	4:22	
24	Thu	10:11	12.1	11:02	7.7	3:15	3.7	5:16	3.6	7:55	4:23	
25	Fri	10:45	11.9			4:02	5.3	6:03	2.4	7:55	4:23	
26	Sat	12:42	8.2	11:22 AM	11.7	5:02	6.7	6:48	1.1	7:55	4:24	
27	Sun	2:18	9.2	12:01	11.6	6:19	7.9	7:33	-0.1	7:56	4:25	
28	Mon	3:26	10.3	12:43	11.6	7:40	8.6	8:18	-1.3	7:56	4:25	
29	Tue	4:15	11.3	1:29	11.7	8:50	8.9	9:03	-2.4	7:56	4:26	
30	Wed	4:56	12.1	2:18	11.8	9:47	8.9	9:49	-3.1	7:56	4:27	
31	Thu	5:35	12.7	3:10	11.9	10:38	8.6	10:36	-3.5	7:56	4:28	