



Des Moines, WA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:09	13.1	4:09	11.8	11:28	7.8	11:22	-3.4	7:56	4:29	☉
2	Sat	6:45	13.4	5:06	11.5			12:17	7.0	7:56	4:30	☉
3	Sun	7:22	13.6	6:07	10.9	12:08	-2.8	1:10	6.1	7:56	4:31	☉
4	Mon	7:58	13.6	7:13	10.1	12:54	-1.7	2:05	5.0	7:56	4:32	☾
5	Tue	8:36	13.6	8:25	9.3	1:41	-0.1	3:03	3.9	7:56	4:33	☾
6	Wed	9:14	13.4	9:50	8.7	2:29	1.8	4:02	2.8	7:55	4:34	☾
7	Thu	9:54	13.0	11:37	8.6	3:21	3.9	5:03	1.7	7:55	4:35	☾
8	Fri	10:38	12.5			4:23	5.8	6:03	0.8	7:55	4:36	☾
9	Sat	1:34	9.3	11:25 AM	11.9	5:45	7.4	6:59	0.1	7:54	4:38	☾
10	Sun	3:01	10.4	12:17	11.4	7:25	8.2	7:50	-0.5	7:54	4:39	☾
11	Mon	4:00	11.4	1:10	11.0	8:53	8.3	8:37	-0.9	7:54	4:40	☾
12	Tue	4:45	12.0	2:01	10.7	9:55	8.1	9:18	-1.1	7:53	4:41	☾
13	Wed	5:22	12.3	2:48	10.6	10:41	7.9	9:57	-1.1	7:52	4:43	☾
14	Thu	5:51	12.4	3:32	10.5	11:17	7.5	10:33	-1.1	7:52	4:44	☾
15	Fri	6:15	12.4	4:14	10.4	11:48	7.2	11:07	-0.9	7:51	4:45	☾
16	Sat	6:35	12.3	4:56	10.2			12:17	6.7	7:51	4:47	☾
17	Sun	6:55	12.4	5:39	9.9			12:48	6.1	7:50	4:48	☾
18	Mon	7:16	12.4	6:24	9.6	12:15	0.1	1:21	5.5	7:49	4:50	☾
19	Tue	7:41	12.5	7:13	9.2	12:48	1.0	1:58	4.7	7:48	4:51	☾
20	Wed	8:07	12.4	8:07	8.8	1:22	2.0	2:38	3.9	7:47	4:52	☾
21	Thu	8:36	12.2	9:10	8.5	1:57	3.3	3:21	3.1	7:47	4:54	☾
22	Fri	9:06	12.0	10:27	8.4	2:33	4.8	4:09	2.3	7:46	4:55	☾
23	Sat	9:40	11.7			3:15	6.3	5:02	1.5	7:45	4:57	☾
24	Sun	12:09	8.7	10:20 AM	11.4	4:14	7.6	5:58	0.6	7:44	4:58	☾
25	Mon	2:07	9.5	11:11 AM	11.2	5:46	8.7	6:55	-0.3	7:43	5:00	☾
26	Tue	3:16	10.5	12:12	11.2	7:26	9.0	7:51	-1.3	7:41	5:01	☾
27	Wed	3:59	11.4	1:15	11.4	8:42	8.8	8:44	-2.1	7:40	5:03	☉
28	Thu	4:33	12.0	2:15	11.6	9:37	8.2	9:33	-2.6	7:39	5:04	☉
29	Fri	5:05	12.6	3:14	11.8	10:24	7.3	10:20	-2.8	7:38	5:06	☉
30	Sat	5:36	13.0	4:13	11.8	11:10	6.2	11:06	-2.4	7:37	5:07	☉
31	Sun	6:08	13.3	5:11	11.5	11:56	5.0	11:51	-1.5	7:36	5:09	☉