



































Des Moines, WA - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:20	12.9	5:18	11.5	11:30	2.4	11:32	0.7	6:48	5:54	
2	Tue	5:52	13.0	6:17	11.3			12:14	1.2	6:47	5:55	
3	Wed	6:25	12.9	7:16	11.0	12:17	2.1	12:58	0.4	6:45	5:57	
4	Thu	7:00	12.6	8:20	10.6	1:03	3.6	1:44	-0.1	6:43	5:58	
5	Fri	7:38	12.0	9:31	10.3	1:52	5.1	2:32	-0.1	6:41	6:00	
6	Sat	8:19	11.2	10:59	10.0	2:48	6.5	3:25	0.2	6:39	6:01	
7	Sun	9:09	10.4			4:03	7.5	4:24	0.6	6:37	6:03	
8	Mon	12:43	10.2	10:11 AM	9.6	5:56	7.9	5:30	1.0	6:35	6:04	
9	Tue	2:03	10.5	11:29 AM	9.1	7:41	7.5	6:39	1.2	6:33	6:06	
10	Wed	2:56	10.9	12:48	9.0	8:42	6.8	7:41	1.2	6:31	6:07	
11	Thu	3:32	11.1	1:54	9.2	9:23	6.1	8:32	1.2	6:29	6:09	
12	Fri	3:59	11.1	2:47	9.5	9:53	5.4	9:14	1.3	6:27	6:10	
13	Sat	4:17	11.2	3:32	9.8	10:18	4.7	9:50	1.5	6:25	6:11	
14	Sun	5:33	11.2	5:13	10.1	11:40	3.9	11:23	2.0	7:23	7:13	
15	Mon	5:49	11.3	5:53	10.3			12:03	3.0	7:21	7:14	
16	Tue	6:07	11.4	6:33	10.5			12:29	2.1	7:19	7:16	
17	Wed	6:30	11.5	7:15	10.6	12:29	3.3	12:59	1.3	7:17	7:17	
18	Thu	6:55	11.4	7:59	10.7	1:03	4.1	1:33	0.6	7:15	7:19	
19	Fri	7:22	11.3	8:47	10.6	1:39	5.0	2:10	0.0	7:13	7:20	
20	Sat	7:51	11.1	9:42	10.5	2:18	5.9	2:53	-0.3	7:11	7:21	
21	Sun	8:24	10.8	10:47	10.3	3:03	6.8	3:41	-0.4	7:09	7:23	
22	Mon	9:05	10.4			3:58	7.6	4:38	-0.3	7:07	7:24	
23	Tue	12:08	10.2	10:04 AM	9.9	5:17	8.0	5:42	-0.1	7:05	7:26	
24	Wed	1:35	10.4	11:27 AM	9.5	6:56	7.9	6:50	0.0	7:03	7:27	
25	Thu	2:38	10.8	12:57	9.5	8:20	7.0	7:57	0.0	7:01	7:29	
26	Fri	3:22	11.3	2:19	9.8	9:17	5.7	8:58	0.2	6:59	7:30	
27	Sat	3:56	11.7	3:29	10.3	10:02	4.2	9:52	0.6	6:57	7:31	
28	Sun	4:27	12.1	4:32	10.8	10:43	2.6	10:42	1.3	6:55	7:33	
29	Mon	4:57	12.3	5:31	11.3	11:23	1.1	11:29	2.2	6:53	7:34	
30	Tue	5:29	12.5	6:27	11.5			12:03	-0.2	6:51	7:36	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	6:02	12.4	7:23	11.7	12:15	3.3	12:43	-1.0	6:49	7:37	