

































Des Moines, WA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:19	8.5	9:45	11.8	3:30	5.4	2:43	0.8	5:16	9:09	
2	Fri	9:17	8.0	10:16	11.7	4:15	4.7	3:21	2.1	5:17	9:09	
3	Sat	10:23	7.6	10:49	11.5	5:01	3.9	4:01	3.5	5:17	9:09	
4	Sun	11:42	7.5	11:23	11.2	5:48	3.0	4:45	5.0	5:18	9:08	
5	Mon			1:18	7.8	6:37	2.0	5:42	6.3	5:19	9:08	
6	Tue	12:01	11.0	2:59	8.6	7:25	1.0	6:57	7.4	5:20	9:08	
7	Wed	12:42	10.8	4:12	9.5	8:12	0.0	8:20	8.1	5:20	9:07	
8	Thu	1:26	10.8	5:01	10.4	8:58	-1.0	9:33	8.3	5:21	9:07	
9	Fri	2:14	10.8	5:40	11.1	9:44	-2.0	10:29	8.2	5:22	9:06	
10	Sat	3:03	11.0	6:15	11.7	10:30	-2.7	11:17	7.9	5:23	9:05	
11	Sun	3:54	11.2	6:49	12.1	11:16	-3.2			5:24	9:05	
12	Mon	4:48	11.2	7:23	12.4	12:03	7.3	12:01	-3.3	5:25	9:04	
13	Tue	5:44	11.1	7:57	12.7	12:51	6.5	12:46	-2.9	5:26	9:03	
14	Wed	6:43	10.7	8:32	12.9	1:40	5.6	1:31	-2.0	5:27	9:03	
15	Thu	7:46	10.1	9:07	12.9	2:32	4.4	2:17	-0.6	5:28	9:02	
16	Fri	8:55	9.4	9:45	12.9	3:27	3.3	3:04	1.1	5:29	9:01	
17	Sat	10:13	8.8	10:24	12.6	4:24	2.2	3:55	3.1	5:30	9:00	
18	Sun	11:47	8.5	11:07	12.2	5:23	1.2	4:53	5.0	5:31	8:59	
19	Mon			1:40	8.8	6:23	0.3	6:07	6.6	5:32	8:58	
20	Tue			3:20	9.7	7:22	-0.3	7:42	7.6	5:33	8:57	
21	Wed	12:49	11.1	4:29	10.7	8:19	-0.9	9:16	7.8	5:34	8:56	
22	Thu	1:46	10.7	5:19	11.3	9:11	-1.2	10:25	7.6	5:35	8:55	
23	Fri	2:42	10.4	5:59	11.7	9:58	-1.4	11:16	7.2	5:36	8:54	
24	Sat	3:33	10.3	6:32	11.8	10:40	-1.5	11:55	6.8	5:38	8:53	
25	Sun	4:20	10.2	6:58	11.7	11:19	-1.4			5:39	8:52	
26	Mon	5:04	10.1	7:19	11.7	12:29	6.4	11:55 AM	-1.1	5:40	8:51	
27	Tue	5:47	9.9	7:39	11.6	12:59	5.9	12:30	-0.7	5:41	8:50	
28	Wed	6:30	9.7	8:00	11.7	1:30	5.4	1:04	0.0	5:42	8:48	
29	Thu	7:16	9.4	8:23	11.7	2:03	4.7	1:37	0.9	5:44	8:47	
30	Fri	8:04	9.1	8:49	11.6	2:38	4.0	2:11	1.9	5:45	8:46	
31	Sat	8:56	8.7	9:18	11.5	3:16	3.3	2:46	3.2	5:46	8:44	