













Des Moines, WA - Aug 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:02	10.8	7:33	12.5	12:48	5.0	12:45	-1.4	5:47	8:43	
2	Tue	6:58	10.6	8:06	12.7	1:32	3.9	1:28	-0.4	5:48	8:42	
3	Wed	7:58	10.2	8:40	12.7	2:19	2.8	2:12	1.0	5:50	8:40	
4	Thu	9:04	9.7	9:18	12.6	3:10	1.8	2:58	2.7	5:51	8:39	
5	Fri	10:19	9.2	9:59	12.2	4:03	0.9	3:49	4.4	5:52	8:38	
6	Sat	11:50	9.0	10:47	11.7	5:01	0.2	4:52	6.0	5:53	8:36	
7	Sun			1:41	9.4	6:03	-0.2	6:14	7.2	5:55	8:34	
8	Mon			3:15	10.1	7:08	-0.6	7:55	7.6	5:56	8:33	
9	Tue	12:48	10.8	4:17	10.9	8:11	-0.9	9:21	7.3	5:57	8:31	
10	Wed	1:56	10.5	5:03	11.4	9:08	-1.1	10:22	6.8	5:59	8:30	
11	Thu	2:58	10.4	5:39	11.6	9:59	-1.2	11:08	6.1	6:00	8:28	
12	Fri	3:53	10.4	6:09	11.7	10:44	-1.1	11:46	5.5	6:01	8:26	
13	Sat	4:43	10.4	6:34	11.7	11:24	-0.7			6:03	8:25	
14	Sun	5:29	10.3	6:56	11.6	12:20	4.9	12:01	-0.2	6:04	8:23	
15	Mon	6:14	10.1	7:17	11.6	12:53	4.2	12:37	0.6	6:05	8:21	
16	Tue	6:59	9.9	7:41	11.5	1:25	3.6	1:12	1.5	6:06	8:20	
17	Wed	7:46	9.7	8:07	11.4	1:59	2.9	1:48	2.6	6:08	8:18	
18	Thu	8:35	9.4	8:37	11.1	2:35	2.4	2:24	3.7	6:09	8:16	
19	Fri	9:29	9.1	9:09	10.8	3:15	1.9	3:03	4.9	6:10	8:14	
20	Sat	10:30	8.9	9:45	10.3	3:58	1.6	3:46	6.0	6:12	8:13	
21	Sun	11:47	8.8	10:27	9.9	4:48	1.4	4:42	7.0	6:13	8:11	
22	Mon			1:28	9.0	5:43	1.2	6:05	7.7	6:14	8:09	
23	Tue			2:57	9.5	6:43	0.9	7:48	7.9	6:16	8:07	
24	Wed	12:25	9.4	3:48	10.1	7:43	0.5	9:01	7.6	6:17	8:05	
25	Thu	1:31	9.6	4:22	10.6	8:39	-0.1	9:46	7.0	6:18	8:03	
26	Fri	2:30	10.0	4:49	11.0	9:29	-0.6	10:23	6.1	6:20	8:01	
27	Sat	3:25	10.4	5:15	11.5	10:15	-0.9	10:59	5.1	6:21	8:00	
28	Sun	4:17	10.8	5:42	11.8	10:59	-0.9	11:37	3.8	6:22	7:58	
29	Mon	5:10	11.1	6:11	12.2	11:42	-0.4			6:24	7:56	
30	Tue	6:04	11.3	6:42	12.4	12:18	2.5	12:25	0.5	6:25	7:54	
31	Wed	7:01	11.2	7:17	12.5	1:01	1.3	1:09	1.7	6:26	7:52	