











## Des Moines, WA - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:57	11.4	6:52	12.2	11:17	-3.5			5:47	8:43	
2	Wed	4:54	11.4	7:26	12.5	12:08	7.1	12:04	-3.4	5:48	8:42	
3	Thu	5:53	11.2	8:00	12.6	12:55	6.2	12:51	-2.8	5:50	8:40	
4	Fri	6:54	10.8	8:34	12.7	1:45	5.1	1:37	-1.6	5:51	8:39	
5	Sat	7:59	10.1	9:08	12.6	2:37	4.0	2:22	0.0	5:52	8:37	
6	Sun	9:09	9.4	9:44	12.4	3:30	2.8	3:10	1.9	5:54	8:36	
7	Mon	10:28	8.9	10:21	12.0	4:26	1.8	4:01	3.9	5:55	8:34	
8	Tue			12:07	8.7	5:23	1.0	5:03	5.8	5:56	8:33	
9	Wed			2:03	9.3	6:22	0.4	6:30	7.3	5:57	8:31	
10	Thu			3:35	10.2	7:21	-0.1	8:23	7.9	5:59	8:30	
11	Fri	12:48	10.2	4:36	11.0	8:18	-0.4	9:51	7.7	6:00	8:28	
12	Sat	1:49	9.8	5:21	11.5	9:10	-0.6	10:48	7.4	6:01	8:26	
13	Sun	2:47	9.7	5:57	11.7	9:57	-0.8	11:28	7.0	6:03	8:25	
14	Mon	3:38	9.7	6:26	11.6	10:39	-0.9	11:59	6.6	6:04	8:23	
15	Tue	4:23	9.8	6:48	11.5	11:16	-0.9			6:05	8:21	
16	Wed	5:04	9.9	7:07	11.5	12:24	6.2	11:51 AM	-0.7	6:07	8:20	
17	Thu	5:44	9.9	7:25	11.5	12:49	5.7	12:25	-0.3	6:08	8:18	
18	Fri	6:25	9.8	7:45	11.5	1:15	5.1	12:57	0.2	6:09	8:16	
19	Sat	7:08	9.6	8:08	11.5	1:45	4.4	1:30	1.1	6:11	8:14	
20	Sun	7:55	9.4	8:33	11.5	2:19	3.6	2:03	2.1	6:12	8:12	
21	Mon	8:46	9.1	8:59	11.3	2:56	2.8	2:38	3.4	6:13	8:11	
22	Tue	9:44	8.9	9:27	11.0	3:37	2.0	3:16	4.8	6:15	8:09	
23	Wed	10:54	8.8	9:58	10.6	4:22	1.4	4:00	6.2	6:16	8:07	
24	Thu			12:24	8.9	5:14	0.8	5:03	7.5	6:17	8:05	
25	Fri			2:19	9.5	6:13	0.2	6:39	8.3	6:19	8:03	
26	Sat			3:41	10.3	7:16	-0.4	8:23	8.5	6:20	8:01	
27	Sun	12:44	10.1	4:29	11.0	8:19	-1.1	9:33	8.0	6:21	7:59	
28	Mon	1:57	10.3	5:05	11.5	9:17	-1.8	10:22	7.2	6:23	7:57	
29	Tue	3:03	10.8	5:36	11.8	10:11	-2.2	11:05	6.2	6:24	7:56	
30	Wed	4:04	11.2	6:06	12.1	11:00	-2.2	11:47	5.0	6:25	7:54	
31	Thu	5:02	11.3	6:36	12.3	11:46	-1.7			6:27	7:52	