

































Des Moines, WA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:55	7.8	11:02	11.8	5:06	4.7	4:00	2.0	5:16	9:09	
2	Wed	11:20	7.4	11:35	11.5	6:01	3.7	4:48	3.8	5:17	9:09	
3	Thu			1:05	7.5	6:51	2.7	5:45	5.5	5:18	9:09	
4	Fri	12:09	11.1	2:58	8.2	7:36	1.6	6:59	6.9	5:18	9:08	
5	Sat	12:45	10.7	4:20	9.3	8:18	0.7	8:30	7.8	5:19	9:08	
6	Sun	1:24	10.4	5:14	10.3	8:57	0.0	9:53	8.2	5:20	9:07	
7	Mon	2:04	10.2	5:55	11.0	9:35	-0.7	10:53	8.3	5:21	9:07	
8	Tue	2:46	10.1	6:28	11.4	10:12	-1.3	11:36	8.3	5:22	9:06	
9	Wed	3:27	10.1	6:57	11.6	10:50	-1.7			5:22	9:06	
10	Thu	4:08	10.1	7:24	11.8	12:08	8.2	11:28 AM	-2.1	5:23	9:05	
11	Fri	4:51	10.2	7:50	12.0	12:39	7.9	12:07	-2.3	5:24	9:05	
12	Sat	5:35	10.1	8:17	12.1	1:12	7.5	12:46	-2.3	5:25	9:04	
13	Sun	6:23	10.0	8:45	12.3	1:49	7.0	1:26	-2.0	5:26	9:03	
14	Mon	7:16	9.6	9:14	12.4	2:31	6.1	2:07	-1.2	5:27	9:02	
15	Tue	8:16	9.2	9:44	12.5	3:18	5.1	2:48	0.1	5:28	9:02	
16	Wed	9:24	8.6	10:16	12.5	4:08	3.9	3:31	1.7	5:29	9:01	
17	Thu	10:44	8.2	10:51	12.3	5:01	2.5	4:18	3.6	5:30	9:00	
18	Fri			12:20	8.3	5:56	1.1	5:15	5.6	5:31	8:59	
19	Sat			2:14	8.9	6:53	-0.1	6:29	7.2	5:32	8:58	
20	Sun	12:14	11.8	3:51	10.0	7:49	-1.2	8:02	8.2	5:33	8:57	
21	Mon	1:06	11.5	4:56	11.1	8:45	-2.1	9:31	8.5	5:35	8:56	
22	Tue	2:03	11.3	5:45	11.8	9:38	-2.7	10:40	8.2	5:36	8:55	
23	Wed	3:02	11.1	6:26	12.1	10:28	-3.0	11:34	7.7	5:37	8:54	
24	Thu	3:59	11.0	7:01	12.3	11:15	-2.9			5:38	8:53	
25	Fri	4:53	10.8	7:34	12.3	12:21	7.1	12:00	-2.6	5:39	8:52	
26	Sat	5:47	10.4	8:03	12.2	1:05	6.5	12:43	-2.0	5:40	8:50	
27	Sun	6:40	10.0	8:31	12.1	1:48	5.7	1:23	-1.0	5:42	8:49	
28	Mon	7:34	9.4	8:58	12.0	2:31	5.0	2:03	0.2	5:43	8:48	
29	Tue	8:32	8.9	9:25	11.8	3:14	4.1	2:42	1.7	5:44	8:46	
30	Wed	9:35	8.4	9:54	11.4	3:59	3.3	3:22	3.4	5:45	8:45	
31	Thu	10:50	8.0	10:25	11.0	4:44	2.6	4:05	5.1	5:47	8:44	