





















Des Moines, WA - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:28	8.1	5:33	2.0	4:59	6.6	5:48	8:42	
2	Sat			2:36	8.7	6:23	1.4	6:23	7.8	5:49	8:41	
3	Sun			4:03	9.6	7:16	0.9	8:31	8.3	5:50	8:40	
4	Mon	12:34	9.7	4:52	10.4	8:09	0.4	9:59	8.3	5:52	8:38	
5	Tue	1:31	9.5	5:27	10.9	8:59	-0.2	10:44	8.1	5:53	8:37	
6	Wed	2:26	9.6	5:55	11.2	9:44	-0.8	11:13	7.8	5:54	8:35	
7	Thu	3:16	9.9	6:19	11.5	10:27	-1.3	11:38	7.4	5:56	8:34	
8	Fri	4:02	10.2	6:41	11.6	11:07	-1.7			5:57	8:32	
9	Sat	4:48	10.4	7:03	11.9	12:05	6.8	11:46 AM	-1.8	5:58	8:30	
10	Sun	5:35	10.5	7:26	12.1	12:37	6.0	12:25	-1.6	5:59	8:29	
11	Mon	6:26	10.4	7:52	12.3	1:13	5.0	1:04	-0.8	6:01	8:27	
12	Tue	7:21	10.2	8:19	12.4	1:54	3.8	1:44	0.4	6:02	8:25	
13	Wed	8:21	9.8	8:49	12.4	2:39	2.5	2:25	2.0	6:03	8:24	
14	Thu	9:29	9.5	9:22	12.2	3:27	1.4	3:09	3.8	6:05	8:22	
15	Fri	10:48	9.2	10:00	11.8	4:19	0.5	4:00	5.6	6:06	8:20	
16	Sat			12:29	9.2	5:16	-0.2	5:07	7.2	6:07	8:19	
17	Sun			2:29	9.8	6:18	-0.7	6:44	8.2	6:09	8:17	
18	Mon			3:50	10.7	7:23	-1.0	8:36	8.3	6:10	8:15	
19	Tue	12:55	10.4	4:43	11.3	8:27	-1.3	9:54	7.8	6:11	8:13	
20	Wed	2:08	10.3	5:23	11.7	9:26	-1.6	10:46	7.0	6:13	8:11	
21	Thu	3:14	10.3	5:56	11.9	10:17	-1.6	11:27	6.2	6:14	8:10	
22	Fri	4:11	10.4	6:23	11.9	11:03	-1.4			6:15	8:08	
23	Sat	5:03	10.4	6:47	11.8	12:03	5.4	11:44 AM	-0.9	6:17	8:06	
24	Sun	5:52	10.3	7:09	11.7	12:38	4.6	12:22	-0.1	6:18	8:04	
25	Mon	6:41	10.1	7:31	11.6	1:11	3.8	12:59	1.0	6:19	8:02	
26	Tue	7:30	9.8	7:54	11.4	1:45	3.0	1:36	2.3	6:21	8:00	
27	Wed	8:22	9.6	8:20	11.1	2:21	2.3	2:13	3.6	6:22	7:58	
28	Thu	9:18	9.3	8:48	10.7	2:58	1.7	2:51	5.1	6:23	7:56	
29	Fri	10:21	9.1	9:19	10.2	3:38	1.3	3:36	6.4	6:25	7:55	
30	Sat	11:43	9.0	9:55	9.6	4:24	1.2	4:35	7.5	6:26	7:53	
31	Sun			1:41	9.3	5:16	1.2	6:21	8.2	6:27	7:51	