



Des Moines, WA - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:28	9.8	8:18	11.9	1:19	7.7	12:37	-1.8	5:16	9:09	☉
2	Thu	6:10	9.6	8:44	12.0	1:51	7.3	1:14	-1.6	5:17	9:09	☉
3	Fri	6:54	9.3	9:11	12.1	2:27	6.8	1:51	-1.1	5:18	9:09	☉
4	Sat	7:44	8.9	9:39	12.1	3:08	6.2	2:29	-0.4	5:18	9:08	☾
5	Sun	8:41	8.5	10:08	12.1	3:51	5.3	3:07	0.8	5:19	9:08	☾
6	Mon	9:47	8.0	10:39	12.1	4:38	4.2	3:48	2.2	5:20	9:08	☾
7	Tue	11:06	7.8	11:12	12.0	5:28	3.0	4:34	3.9	5:21	9:07	☾
8	Wed			12:38	8.0	6:19	1.6	5:29	5.7	5:21	9:07	☾
9	Thu			2:22	8.8	7:11	0.2	6:41	7.2	5:22	9:06	☾
10	Fri	12:30	11.7	3:53	9.9	8:04	-1.2	8:06	8.2	5:23	9:05	☾
11	Sat	1:18	11.7	4:58	10.9	8:57	-2.3	9:27	8.5	5:24	9:05	☾
12	Sun	2:11	11.6	5:48	11.7	9:48	-3.2	10:35	8.4	5:25	9:04	☾
13	Mon	3:08	11.6	6:30	12.2	10:39	-3.7	11:32	8.0	5:26	9:03	☾
14	Tue	4:05	11.6	7:10	12.5	11:28	-3.8			5:27	9:03	☾
15	Wed	5:03	11.3	7:47	12.6	12:24	7.4	12:16	-3.5	5:28	9:02	☾
16	Thu	6:02	10.9	8:22	12.7	1:16	6.6	1:03	-2.8	5:29	9:01	☾
17	Fri	7:03	10.2	8:56	12.7	2:08	5.7	1:48	-1.6	5:30	9:00	☾
18	Sat	8:07	9.5	9:29	12.5	3:00	4.7	2:33	0.0	5:31	8:59	☾
19	Sun	9:16	8.7	10:03	12.2	3:54	3.7	3:18	1.8	5:32	8:58	☾
20	Mon	10:35	8.2	10:37	11.8	4:48	2.7	4:06	3.8	5:33	8:57	☾
21	Tue			12:13	8.0	5:42	1.9	5:02	5.6	5:34	8:56	☾
22	Wed			2:12	8.6	6:36	1.2	6:20	7.1	5:35	8:55	☾
23	Thu			3:46	9.6	7:29	0.6	8:08	8.0	5:37	8:54	☾
24	Fri	12:42	10.2	4:46	10.5	8:19	0.1	9:44	8.1	5:38	8:53	☾
25	Sat	1:35	9.9	5:29	11.1	9:05	-0.3	10:44	7.9	5:39	8:52	☉
26	Sun	2:27	9.7	6:04	11.4	9:48	-0.7	11:25	7.7	5:40	8:51	☉
27	Mon	3:16	9.7	6:31	11.5	10:28	-1.0	11:55	7.5	5:41	8:49	☉
28	Tue	4:00	9.9	6:54	11.5	11:05	-1.2			5:43	8:48	☉
29	Wed	4:42	9.9	7:14	11.6	12:19	7.1	11:41 AM	-1.4	5:44	8:47	☉
30	Thu	5:23	10.0	7:34	11.7	12:44	6.7	12:16	-1.3	5:45	8:45	☉
31	Fri	6:05	9.9	7:55	11.9	1:13	6.1	12:51	-0.9	5:46	8:44	☉