US HARBORS www.USHarbors.com

Des Moines, WA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:43	11.3	1:21	12.2	8:24	8.2	8:45	-2.4	7:56	4:29	
2	Wed	4:34	12.1	2:15	12.1	9:31	8.1	9:33	-2.8	7:56	4:30	
3	Thu	5:17	12.7	3:09	11.9	10:28	7.7	10:19	-2.9	7:56	4:31	
4	Fri	5:56	13.1	4:02	11.6	11:20	7.2	11:04	-2.7	7:56	4:32	
5	Sat	6:32	13.2	4:56	11.1			12:09	6.6	7:56	4:33	
6	Sun	7:06	13.3	5:51	10.6			12:57	5.9	7:55	4:34	
7	Mon	7:39	13.2	6:47	9.9	12:30	-1.0	1:46	5.2	7:55	4:35	
8	Tue	8:12	13.0	7:47	9.2	1:13	0.3	2:36	4.5	7:55	4:37	
9	Wed	8:45	12.7	8:54	8.6	1:55	1.8	3:27	3.8	7:54	4:38	
10	Thu	9:20	12.3	10:14	8.2	2:38	3.5	4:20	3.1	7:54	4:39	
11	Fri	9:57	11.9	11:58	8.3	3:25	5.1	5:13	2.5	7:53	4:40	
12	Sat	10:37	11.4			4:24	6.6	6:06	1.8	7:53	4:42	
13	Sun	1:53	9.0	11:23 AM	11.0	5:47	7.8	6:57	1.2	7:52	4:43	
14	Mon	3:09	9.9	12:13	10.7	7:30	8.3	7:43	0.6	7:52	4:44	
15	Tue	3:58	10.7	1:03	10.5	8:50	8.4	8:26	0.0	7:51	4:46	
16	Wed	4:33	11.3	1:51	10.5	9:40	8.2	9:05	-0.5	7:50	4:47	
17	Thu	5:01	11.7	2:35	10.6	10:16	8.0	9:43	-1.0	7:50	4:48	
18	Fri	5:24	12.0	3:18	10.7	10:45	7.6	10:20	-1.3	7:49	4:50	
19	Sat	5:47	12.2	4:00	10.7	11:15	7.1	10:56	-1.4	7:48	4:51	
20	Sun	6:10	12.5	4:44	10.7	11:48	6.5	11:33	-1.1	7:47	4:53	
21	Mon	6:35	12.8	5:31	10.6			12:25	5.7	7:46	4:54	
22	Tue	7:03	13.0	6:22	10.3	12:11	-0.6	1:05	4.7	7:45	4:56	
23	Wed	7:33	13.1	7:19	9.9	12:50	0.4	1:49	3.7	7:44	4:57	
24	Thu	8:05	13.1	8:23	9.5	1:31	1.7	2:38	2.7	7:43	4:59	
25	Fri	8:40	12.9	9:38	9.1	2:14	3.3	3:31	1.7	7:42	5:00	
26	Sat	9:20	12.6	11:13	9.0	3:03	5.0	4:29	0.9	7:41	5:02	
27	Sun	10:06	12.3			4:04	6.6	5:31	0.2	7:40	5:03	
28	Mon	1:12	9.5	11:02 AM	11.8	5:28	7.9	6:34	-0.5	7:39	5:05	
29	Tue	2:44	10.5	12:06	11.5	7:08	8.3	7:35	-1.1	7:38	5:06	
30	Wed	3:41	11.4	1:12	11.4	8:34	8.1	8:31	-1.6	7:37	5:08	
31	Thu	4:23	12.1	2:15	11.3	9:36	7.5	9:21	-1.8	7:35	5:09	