



Des Moines, WA - Jun 2030

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|----------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 4:44 | 10.2 | 7:28 | 11.6 | 12:15 | 7.3 | 11:51 AM | -1.6 | 5:16 | 8:58 | ● |
| 2 | Sun | 5:20 | 10.0 | 7:58 | 11.7 | 12:52 | 7.3 | 12:26 | -1.7 | 5:15 | 8:59 | ● |
| 3 | Mon | 5:58 | 9.8 | 8:28 | 11.8 | 1:29 | 7.2 | 1:02 | -1.6 | 5:15 | 9:00 | ● |
| 4 | Tue | 6:38 | 9.5 | 9:01 | 11.9 | 2:08 | 7.1 | 1:40 | -1.3 | 5:14 | 9:00 | ● |
| 5 | Wed | 7:23 | 9.1 | 9:36 | 11.9 | 2:51 | 6.8 | 2:20 | -0.9 | 5:14 | 9:01 | ◐ |
| 6 | Thu | 8:14 | 8.7 | 10:13 | 12.0 | 3:38 | 6.3 | 3:02 | -0.2 | 5:13 | 9:02 | ◐ |
| 7 | Fri | 9:14 | 8.2 | 10:50 | 11.9 | 4:29 | 5.6 | 3:46 | 0.8 | 5:13 | 9:03 | ◐ |
| 8 | Sat | 10:25 | 7.8 | 11:29 | 11.9 | 5:23 | 4.7 | 4:34 | 2.0 | 5:12 | 9:04 | ◐ |
| 9 | Sun | 11:49 | 7.7 | | | 6:17 | 3.5 | 5:29 | 3.4 | 5:12 | 9:04 | ◑ |
| 10 | Mon | 12:08 | 11.9 | 1:19 | 8.1 | 7:09 | 2.1 | 6:32 | 4.8 | 5:12 | 9:05 | ◑ |
| 11 | Tue | 12:50 | 11.9 | 2:46 | 8.9 | 8:00 | 0.5 | 7:42 | 5.9 | 5:12 | 9:05 | ◑ |
| 12 | Wed | 1:33 | 12.0 | 4:00 | 10.0 | 8:48 | -1.0 | 8:53 | 6.7 | 5:12 | 9:06 | ○ |
| 13 | Thu | 2:17 | 12.1 | 5:01 | 11.0 | 9:36 | -2.3 | 9:59 | 7.2 | 5:11 | 9:07 | ○ |
| 14 | Fri | 3:04 | 12.1 | 5:54 | 11.8 | 10:23 | -3.3 | 10:59 | 7.3 | 5:11 | 9:07 | ○ |
| 15 | Sat | 3:53 | 12.0 | 6:42 | 12.3 | 11:10 | -3.8 | 11:56 | 7.2 | 5:11 | 9:08 | ○ |
| 16 | Sun | 4:44 | 11.8 | 7:28 | 12.7 | 11:57 | -3.9 | | | 5:11 | 9:08 | ○ |
| 17 | Mon | 5:38 | 11.4 | 8:12 | 12.8 | 12:51 | 6.9 | 12:44 | -3.5 | 5:11 | 9:08 | ○ |
| 18 | Tue | 6:35 | 10.7 | 8:54 | 12.8 | 1:47 | 6.4 | 1:32 | -2.7 | 5:11 | 9:09 | ○ |
| 19 | Wed | 7:36 | 10.0 | 9:35 | 12.7 | 2:46 | 5.8 | 2:19 | -1.5 | 5:12 | 9:09 | ◑ |
| 20 | Thu | 8:41 | 9.1 | 10:16 | 12.5 | 3:46 | 5.0 | 3:07 | -0.1 | 5:12 | 9:09 | ◑ |
| 21 | Fri | 9:53 | 8.3 | 10:56 | 12.2 | 4:48 | 4.2 | 3:57 | 1.6 | 5:12 | 9:09 | ◑ |
| 22 | Sat | 11:17 | 7.8 | 11:36 | 11.8 | 5:49 | 3.3 | 4:51 | 3.3 | 5:12 | 9:10 | ◑ |
| 23 | Sun | | | 12:58 | 7.8 | 6:47 | 2.3 | 5:53 | 5.0 | 5:13 | 9:10 | ◑ |
| 24 | Mon | 12:18 | 11.4 | 2:40 | 8.4 | 7:40 | 1.4 | 7:08 | 6.3 | 5:13 | 9:10 | ◑ |
| 25 | Tue | 1:00 | 11.0 | 4:00 | 9.3 | 8:26 | 0.6 | 8:32 | 7.1 | 5:13 | 9:10 | ◑ |
| 26 | Wed | 1:42 | 10.7 | 4:57 | 10.2 | 9:08 | -0.1 | 9:46 | 7.5 | 5:14 | 9:10 | ◑ |
| 27 | Thu | 2:24 | 10.4 | 5:41 | 10.8 | 9:45 | -0.6 | 10:43 | 7.6 | 5:14 | 9:10 | ◑ |
| 28 | Fri | 3:04 | 10.3 | 6:16 | 11.2 | 10:20 | -1.0 | 11:26 | 7.6 | 5:15 | 9:10 | ◑ |
| 29 | Sat | 3:44 | 10.2 | 6:45 | 11.4 | 10:55 | -1.3 | | | 5:15 | 9:10 | ◑ |
| 30 | Sun | 4:23 | 10.1 | 7:10 | 11.6 | 12:02 | 7.4 | 11:30 AM | -1.5 | 5:16 | 9:09 | ◑ |