US HARBORS www.USHarbors.com

Des Moines, WA - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:02	10.0	7:34	11.8	12:33	7.2	12:05	-1.6	5:16	9:09	
2	Tue	5:42	9.9	8:00	11.9	1:06	6.9	12:41	-1.6	5:17	9:09	
3	Wed	6:25	9.7	8:28	12.1	1:41	6.5	1:18	-1.2	5:18	9:09	
4	Thu	7:12	9.4	8:57	12.2	2:20	5.8	1:56	-0.6	5:18	9:08	
5	Fri	8:04	9.0	9:29	12.3	3:02	5.1	2:35	0.3	5:19	9:08	
6	Sat	9:03	8.6	10:02	12.3	3:49	4.2	3:16	1.6	5:20	9:08	
7	Sun	10:12	8.2	10:39	12.2	4:39	3.1	4:01	3.0	5:21	9:07	
8	Mon	11:34	8.1	11:19	12.1	5:33	2.0	4:54	4.6	5:21	9:07	
9	Tue			1:11	8.4	6:29	0.8	6:00	6.1	5:22	9:06	
10	Wed	12:04	11.9	2:51	9.2	7:26	-0.4	7:19	7.2	5:23	9:05	
11	Thu	12:55	11.8	4:07	10.2	8:22	-1.5	8:42	7.7	5:24	9:05	
12	Fri	1:50	11.7	5:03	11.1	9:15	-2.4	9:54	7.6	5:25	9:04	
13	Sat	2:47	11.7	5:48	11.8	10:07	-3.0	10:54	7.3	5:26	9:03	
14	Sun	3:43	11.6	6:29	12.2	10:55	-3.2	11:48	6.7	5:27	9:03	
15	Mon	4:39	11.5	7:06	12.5	11:42	-3.1			5:28	9:02	
16	Tue	5:35	11.1	7:42	12.6	12:38	6.0	12:28	-2.5	5:29	9:01	
17	Wed	6:31	10.6	8:16	12.6	1:27	5.2	1:12	-1.6	5:30	9:00	
18	Thu	7:29	10.0	8:50	12.5	2:17	4.4	1:56	-0.3	5:31	8:59	
19	Fri	8:30	9.3	9:24	12.3	3:07	3.7	2:40	1.2	5:32	8:58	
20	Sat	9:36	8.7	10:00	11.9	3:58	3.0	3:25	2.8	5:33	8:57	
21	Sun	10:52	8.3	10:38	11.4	4:50	2.4	4:15	4.5	5:34	8:56	
22	Mon			12:26	8.2	5:44	1.8	5:14	6.0	5:36	8:55	
23	Tue			2:16	8.7	6:39	1.3	6:35	7.1	5:37	8:54	
24	Wed	12:07	10.4	3:41	9.4	7:34	0.9	8:16	7.6	5:38	8:53	
25	Thu	12:59	10.1	4:36	10.1	8:25	0.4	9:37	7.6	5:39	8:52	
26	Fri	1:53	9.9	5:15	10.6	9:11	-0.1	10:29	7.5	5:40	8:51	
27	Sat	2:43	9.9	5:46	11.0	9:53	-0.5	11:06	7.2	5:41	8:49	
28	Sun	3:29	10.0	6:10	11.2	10:31	-0.8	11:35	6.8	5:43	8:48	
29	Mon	4:11	10.1	6:31	11.4	11:07	-1.0			5:44	8:47	
30	Tue	4:52	10.2	6:52	11.6	12:02	6.4	11:43 AM	-1.1	5:45	8:45	
31	Wed	5:34	10.2	7:16	11.8	12:32	5.8	12:19	-0.9	5:46	8:44	