US HARBORS www.USHarbors.com

Des Moines, WA - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**6:19**	10.1	**7:42**	12.1	**1:05**	5.0	**12:55**	-0.4	5:48	8:43	
2	Fri	**7:07**	9.9	**8:10**	12.2	**1:43**	4.1	**1:32**	0.4	5:49	8:41	
3	Sat	**8:00**	9.7	**8:41**	12.2	**2:24**	3.2	**2:12**	1.6	5:50	8:40	
4	Sun	**8:58**	9.4	**9:15**	12.1	**3:09**	2.2	**2:53**	2.9	5:51	8:38	
5	Mon	**10:06**	9.0	**9:53**	11.9	**3:58**	1.4	**3:40**	4.4	5:53	8:37	
6	Tue	**11:26**	8.9	**10:37**	11.6	**4:53**	0.6	**4:36**	5.9	5:54	8:35	
7	Wed			**1:08**	9.1	**5:53**	0.0	**5:50**	7.1	5:55	8:34	
8	Thu			**2:50**	9.7	**6:56**	-0.6	**7:23**	7.7	5:57	8:32	
9	Fri	**12:34**	11.0	**3:58**	10.5	**7:59**	-1.2	**8:51**	7.5	5:58	8:31	
10	Sat	**1:42**	10.9	**4:46**	11.2	**8:59**	-1.6	**9:58**	6.9	5:59	8:29	
11	Sun	**2:48**	11.0	**5:24**	11.7	**9:53**	-1.9	**10:50**	6.1	6:00	8:27	
12	Mon	**3:48**	11.1	**5:58**	12.0	**10:42**	-1.8	**11:35**	5.2	6:02	8:26	
13	Tue	**4:44**	11.0	**6:28**	12.1	**11:27**	-1.5			6:03	8:24	
14	Wed	**5:38**	10.9	**6:58**	12.2	**12:18**	4.3	**12:10**	-0.7	6:04	8:22	
15	Thu	**6:31**	10.6	**7:27**	12.1	**12:59**	3.5	**12:52**	0.3	6:06	8:21	
16	Fri	**7:25**	10.2	**7:57**	11.9	**1:41**	2.7	**1:33**	1.5	6:07	8:19	
17	Sat	**8:19**	9.8	**8:29**	11.6	**2:22**	2.1	**2:15**	2.9	6:08	8:17	
18	Sun	**9:17**	9.5	**9:03**	11.2	**3:05**	1.7	**2:58**	4.3	6:10	8:15	
19	Mon	**10:22**	9.1	**9:41**	10.6	**3:50**	1.4	**3:47**	5.6	6:11	8:14	
20	Tue	**11:42**	8.9	**10:25**	10.1	**4:40**	1.4	**4:48**	6.7	6:12	8:12	
21	Wed			**1:24**	9.1	**5:35**	1.3	**6:16**	7.4	6:14	8:10	
22	Thu			**2:54**	9.5	**6:35**	1.3	**8:09**	7.5	6:15	8:08	
23	Fri	**12:24**	9.2	**3:50**	10.0	**7:36**	1.1	**9:21**	7.2	6:16	8:06	
24	Sat	**1:29**	9.2	**4:26**	10.4	**8:32**	0.8	**10:04**	6.8	6:18	8:05	
25	Sun	**2:28**	9.4	**4:53**	10.7	**9:20**	0.4	**10:33**	6.2	6:19	8:03	
26	Mon	**3:18**	9.7	**5:15**	10.9	**10:02**	0.1	**10:58**	5.6	6:20	8:01	
27	Tue	**4:03**	10.0	**5:35**	11.2	**10:40**	0.0	**11:25**	4.8	6:22	7:59	
28	Wed	**4:46**	10.3	**5:57**	11.5	**11:17**	0.1	**11:55**	3.9	6:23	7:57	
29	Thu	**5:30**	10.5	**6:21**	11.7	**11:54**	0.5			6:24	7:55	
30	Fri	**6:16**	10.7	**6:49**	11.9	**12:29**	2.8	**12:32**	1.2	6:26	7:53	
31	Sat	**7:05**	10.7	**7:19**	12.0	**1:06**	1.8	**1:11**	2.2	6:27	7:51	