





















Des Moines, WA - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:40	9.6	9:48	12.2	2:58	6.2	2:27	-1.1	5:15	8:58	
2	Thu	8:37	8.8	10:31	11.9	3:59	5.9	3:13	0.0	5:15	8:59	
3	Fri	9:40	8.1	11:14	11.7	5:03	5.4	4:01	1.2	5:14	9:00	
4	Sat	10:54	7.6	11:57	11.4	6:08	4.8	4:53	2.5	5:14	9:01	
5	Sun			12:20	7.4	7:06	3.9	5:51	3.7	5:13	9:02	
6	Mon	12:40	11.2	1:52	7.6	7:55	3.0	6:55	4.8	5:13	9:02	
7	Tue	1:20	11.0	3:12	8.3	8:36	2.1	8:02	5.6	5:13	9:03	
8	Wed	1:59	10.9	4:13	9.1	9:11	1.2	9:04	6.2	5:12	9:04	
9	Thu	2:35	10.9	5:01	9.8	9:43	0.3	9:58	6.6	5:12	9:04	
10	Fri	3:10	10.8	5:40	10.5	10:16	-0.5	10:45	6.8	5:12	9:05	
11	Sat	3:45	10.8	6:15	11.0	10:49	-1.2	11:27	6.9	5:12	9:06	
12	Sun	4:20	10.7	6:49	11.4	11:24	-1.7			5:12	9:06	
13	Mon	4:57	10.7	7:23	11.8	12:08	6.9	12:02	-2.1	5:11	9:07	
14	Tue	5:38	10.5	7:59	12.1	12:50	6.8	12:41	-2.3	5:11	9:07	
15	Wed	6:23	10.3	8:36	12.3	1:35	6.6	1:23	-2.2	5:11	9:08	
16	Thu	7:13	10.0	9:16	12.5	2:23	6.2	2:07	-1.7	5:11	9:08	
17	Fri	8:10	9.5	9:57	12.5	3:16	5.7	2:54	-0.9	5:11	9:08	
18	Sat	9:15	8.9	10:40	12.5	4:13	4.9	3:43	0.3	5:12	9:09	
19	Sun	10:31	8.4	11:25	12.4	5:14	3.9	4:37	1.8	5:12	9:09	
20	Mon	11:58	8.1			6:16	2.8	5:37	3.3	5:12	9:09	
21	Tue	12:12	12.3	1:34	8.4	7:16	1.5	6:46	4.7	5:12	9:10	
22	Wed	1:00	12.2	3:05	9.2	8:11	0.2	8:00	5.7	5:12	9:10	
23	Thu	1:49	12.1	4:17	10.2	9:02	-1.0	9:12	6.3	5:13	9:10	
24	Fri	2:37	11.9	5:15	11.0	9:49	-1.8	10:18	6.6	5:13	9:10	
25	Sat	3:24	11.7	6:03	11.7	10:34	-2.4	11:15	6.6	5:13	9:10	
26	Sun	4:10	11.4	6:46	12.1	11:17	-2.6			5:14	9:10	
27	Mon	4:57	11.0	7:25	12.3	12:07	6.5	11:58 AM	-2.5	5:14	9:10	
28	Tue	5:44	10.6	8:01	12.3	12:56	6.3	12:39	-2.1	5:15	9:10	
29	Wed	6:32	10.1	8:35	12.3	1:44	6.0	1:20	-1.4	5:15	9:10	
30	Thu	7:22	9.5	9:09	12.2	2:31	5.7	2:01	-0.6	5:16	9:09	