

































Des Moines, WA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:14	8.9	9:43	12.0	3:20	5.2	2:42	0.5	5:17	9:09	
2	Sat	9:12	8.3	10:19	11.8	4:10	4.7	3:24	1.7	5:17	9:09	
3	Sun	10:17	7.8	10:57	11.5	5:01	4.1	4:09	3.0	5:18	9:09	
4	Mon	11:34	7.5	11:37	11.2	5:54	3.5	4:59	4.3	5:19	9:08	
5	Tue			1:06	7.6	6:46	2.7	5:58	5.5	5:19	9:08	
6	Wed	12:20	11.0	2:40	8.2	7:35	1.9	7:09	6.4	5:20	9:07	
7	Thu	1:04	10.8	3:52	9.0	8:20	1.1	8:24	7.0	5:21	9:07	
8	Fri	1:48	10.6	4:42	9.8	9:01	0.2	9:28	7.2	5:22	9:06	
9	Sat	2:31	10.6	5:21	10.5	9:41	-0.6	10:20	7.2	5:23	9:06	
10	Sun	3:13	10.7	5:54	11.0	10:20	-1.3	11:04	7.1	5:23	9:05	
11	Mon	3:55	10.8	6:25	11.5	11:00	-1.9	11:45	6.8	5:24	9:05	
12	Tue	4:38	10.9	6:57	11.9	11:40	-2.2			5:25	9:04	
13	Wed	5:24	10.9	7:30	12.2	12:27	6.3	12:22	-2.3	5:26	9:03	
14	Thu	6:14	10.7	8:05	12.5	1:11	5.7	1:05	-2.0	5:27	9:02	
15	Fri	7:08	10.4	8:42	12.7	1:58	5.0	1:49	-1.2	5:28	9:02	
16	Sat	8:08	9.9	9:21	12.7	2:49	4.2	2:34	-0.1	5:29	9:01	
17	Sun	9:13	9.3	10:02	12.6	3:43	3.3	3:23	1.3	5:30	9:00	
18	Mon	10:27	8.8	10:47	12.4	4:41	2.4	4:16	3.0	5:31	8:59	
19	Tue	11:56	8.6	11:36	12.1	5:42	1.5	5:17	4.5	5:32	8:58	
20	Wed			1:38	8.8	6:44	0.6	6:32	5.9	5:34	8:57	
21	Thu	12:29	11.8	3:11	9.6	7:45	-0.2	7:57	6.6	5:35	8:56	
22	Fri	1:25	11.4	4:20	10.5	8:41	-0.9	9:17	6.8	5:36	8:55	
23	Sat	2:21	11.2	5:11	11.2	9:32	-1.4	10:21	6.7	5:37	8:54	
24	Sun	3:15	11.0	5:53	11.6	10:19	-1.7	11:14	6.3	5:38	8:53	
25	Mon	4:05	10.8	6:28	11.8	11:02	-1.7	11:58	6.0	5:39	8:51	
26	Tue	4:52	10.6	6:59	11.9	11:42	-1.5			5:41	8:50	
27	Wed	5:37	10.4	7:27	11.9	12:38	5.6	12:21	-1.0	5:42	8:49	
28	Thu	6:22	10.1	7:54	11.9	1:16	5.1	12:58	-0.4	5:43	8:48	
29	Fri	7:08	9.7	8:22	11.8	1:54	4.7	1:36	0.4	5:44	8:46	
30	Sat	7:56	9.3	8:53	11.7	2:33	4.2	2:13	1.4	5:45	8:45	
31	Sun	8:48	8.9	9:26	11.5	3:13	3.7	2:52	2.5	5:47	8:44	