

































## Des Moines, WA - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:28	8.0	11:15	12.3	5:17	3.9	4:22	2.2	5:17	9:09	
2	Sat			12:07	7.7	6:17	2.6	5:19	4.2	5:17	9:09	
3	Sun			2:01	8.1	7:12	1.5	6:28	6.0	5:18	9:09	
4	Mon	12:32	11.4	3:39	9.2	8:01	0.5	7:55	7.3	5:19	9:08	
5	Tue	1:12	11.0	4:48	10.3	8:45	-0.3	9:26	7.9	5:20	9:08	
6	Wed	1:54	10.5	5:38	11.1	9:26	-0.9	10:37	8.1	5:20	9:07	
7	Thu	2:36	10.2	6:18	11.6	10:04	-1.2	11:30	8.0	5:21	9:07	
8	Fri	3:19	10.0	6:51	11.8	10:40	-1.5			5:22	9:06	
9	Sat	4:01	9.9	7:19	11.8	12:10	7.9	11:16 AM	-1.6	5:23	9:06	
10	Sun	4:42	9.9	7:43	11.8	12:42	7.7	11:52 AM	-1.7	5:24	9:05	
11	Mon	5:23	9.8	8:06	11.8	1:10	7.4	12:28	-1.6	5:25	9:04	
12	Tue	6:05	9.6	8:29	11.9	1:40	7.1	1:04	-1.4	5:26	9:04	
13	Wed	6:49	9.4	8:54	12.0	2:13	6.5	1:40	-0.9	5:27	9:03	
14	Thu	7:37	9.0	9:20	12.1	2:51	5.8	2:16	-0.1	5:28	9:02	
15	Fri	8:32	8.6	9:47	12.1	3:32	4.9	2:53	1.0	5:29	9:01	
16	Sat	9:34	8.2	10:16	12.0	4:16	3.9	3:31	2.5	5:30	9:00	
17	Sun	10:48	8.0	10:48	11.8	5:04	2.7	4:14	4.2	5:31	9:00	
18	Mon			12:18	8.1	5:54	1.5	5:06	5.9	5:32	8:59	
19	Tue			2:05	8.8	6:48	0.3	6:17	7.4	5:33	8:58	
20	Wed	12:05	11.5	3:42	9.8	7:43	-0.9	7:47	8.4	5:34	8:57	
21	Thu	12:56	11.4	4:48	10.8	8:38	-2.0	9:14	8.7	5:35	8:56	
22	Fri	1:53	11.4	5:35	11.6	9:32	-2.9	10:23	8.4	5:36	8:54	
23	Sat	2:53	11.5	6:16	12.1	10:25	-3.4	11:18	7.9	5:37	8:53	
24	Sun	3:53	11.5	6:53	12.4	11:15	-3.6			5:39	8:52	
25	Mon	4:52	11.4	7:28	12.5	12:09	7.1	12:03	-3.4	5:40	8:51	
26	Tue	5:52	11.0	8:01	12.6	12:58	6.2	12:49	-2.6	5:41	8:50	
27	Wed	6:52	10.5	8:34	12.6	1:48	5.2	1:34	-1.4	5:42	8:49	
28	Thu	7:55	9.8	9:07	12.5	2:38	4.2	2:18	0.1	5:43	8:47	
29	Fri	9:03	9.1	9:39	12.2	3:30	3.2	3:03	2.0	5:45	8:46	
30	Sat	10:19	8.5	10:14	11.8	4:22	2.3	3:51	3.9	5:46	8:45	
31	Sun	11:54	8.4	10:51	11.2	5:15	1.5	4:47	5.8	5:47	8:43	