

































## Des Moines, WA - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:06	11.2	12:48	10.5	8:19	7.7	7:59	-0.9	6:47	5:55	
2	Fri	3:53	11.8	1:57	10.5	9:21	6.9	8:54	-1.1	6:45	5:56	
3	Sat	4:30	12.2	2:57	10.7	10:07	6.1	9:44	-1.1	6:43	5:58	
4	Sun	5:02	12.4	3:52	10.8	10:47	5.2	10:28	-0.7	6:41	5:59	
5	Mon	5:30	12.4	4:43	10.8	11:24	4.4	11:10	-0.1	6:40	6:01	
6	Tue	5:57	12.3	5:32	10.7			12:00	3.6	6:38	6:02	
7	Wed	6:23	12.2	6:20	10.5			12:35	2.9	6:36	6:04	
8	Thu	6:49	11.9	7:10	10.2	12:28	1.9	1:12	2.3	6:34	6:05	
9	Fri	7:17	11.6	8:02	9.9	1:07	3.1	1:49	1.9	6:32	6:06	
10	Sat	7:48	11.2	9:00	9.7	1:48	4.5	2:30	1.6	6:30	6:08	
11	Sun	9:21	10.6	11:08	9.5	3:32	5.7	4:14	1.5	7:28	7:09	
12	Mon	9:59	10.0			4:27	6.9	5:04	1.5	7:26	7:11	
13	Tue	12:37	9.5	10:47 AM	9.4	5:49	7.7	6:02	1.5	7:24	7:12	
14	Wed	2:19	9.8	11:50 AM	8.9	8:02	7.9	7:04	1.4	7:22	7:14	
15	Thu	3:27	10.3	1:03	8.8	9:26	7.5	8:05	1.2	7:20	7:15	
16	Fri	4:08	10.7	2:09	9.0	10:06	7.0	8:59	0.8	7:18	7:17	
17	Sat	4:38	11.1	3:05	9.4	10:31	6.5	9:46	0.4	7:16	7:18	
18	Sun	5:02	11.4	3:53	9.9	10:54	5.7	10:29	0.1	7:14	7:19	
19	Mon	5:25	11.6	4:39	10.4	11:20	4.8	11:09	0.2	7:12	7:21	
20	Tue	5:49	11.9	5:26	10.8	11:50	3.8	11:49	0.5	7:10	7:22	
21	Wed	6:15	12.1	6:14	11.1			12:24	2.6	7:08	7:24	
22	Thu	6:43	12.2	7:05	11.2	12:29	1.3	1:03	1.4	7:06	7:25	
23	Fri	7:14	12.2	8:00	11.2	1:11	2.3	1:44	0.4	7:04	7:27	
24	Sat	7:48	12.1	9:00	11.0	1:55	3.6	2:29	-0.4	7:02	7:28	
25	Sun	8:25	11.8	10:07	10.8	2:43	4.9	3:18	-0.7	7:00	7:29	
26	Mon	9:07	11.2	11:28	10.6	3:39	6.2	4:13	-0.8	6:58	7:31	
27	Tue	9:58	10.5			4:51	7.2	5:14	-0.5	6:56	7:32	
28	Wed	1:06	10.6	11:06 AM	9.8	6:30	7.6	6:22	-0.2	6:54	7:34	
29	Thu	2:32	11.0	12:31	9.3	8:17	7.2	7:33	0.1	6:52	7:35	
30	Fri	3:31	11.5	1:57	9.3	9:27	6.2	8:39	0.2	6:50	7:36	
31	Sat	4:14	11.8	3:10	9.6	10:14	5.2	9:37	0.4	6:48	7:38	