

Des Moines, WA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:27	8.5	5:52	1.1	5:17	6.2	5:49	8:42	
2	Fri			2:15	9.1	6:48	0.0	6:37	7.6	5:50	8:40	
3	Sat	12:11	11.3	3:47	10.1	7:46	-1.1	8:10	8.3	5:51	8:39	
4	Sun	1:07	11.2	4:48	11.0	8:44	-2.0	9:32	8.3	5:53	8:37	
5	Mon	2:08	11.2	5:34	11.7	9:39	-2.7	10:35	7.9	5:54	8:36	
6	Tue	3:10	11.3	6:13	12.1	10:31	-3.1	11:27	7.2	5:55	8:34	
7	Wed	4:09	11.3	6:49	12.3	11:20	-3.1			5:56	8:33	
8	Thu	5:07	11.2	7:23	12.4	12:14	6.4	12:07	-2.7	5:58	8:31	
9	Fri	6:05	10.9	7:55	12.4	1:01	5.5	12:52	-1.9	5:59	8:30	
10	Sat	7:03	10.4	8:27	12.3	1:47	4.6	1:36	-0.7	6:00	8:28	
11	Sun	8:03	9.8	8:59	12.1	2:35	3.7	2:20	0.9	6:02	8:26	
12	Mon	9:08	9.2	9:31	11.8	3:23	2.8	3:05	2.7	6:03	8:25	
13	Tue	10:22	8.7	10:06	11.2	4:13	2.1	3:53	4.5	6:04	8:23	
14	Wed	11:54	8.6	10:44	10.6	5:04	1.6	4:53	6.1	6:06	8:21	
15	Thu			1:50	9.0	5:58	1.2	6:21	7.4	6:07	8:19	
16	Fri			3:24	9.8	6:55	0.9	8:23	7.9	6:08	8:18	
17	Sat	12:24	9.5	4:23	10.6	7:51	0.6	9:48	7.7	6:10	8:16	
18	Sun	1:27	9.2	5:05	11.0	8:45	0.3	10:38	7.4	6:11	8:14	
19	Mon	2:26	9.3	5:37	11.2	9:32	-0.1	11:12	7.0	6:12	8:12	
20	Tue	3:17	9.5	6:02	11.3	10:15	-0.4	11:37	6.7	6:14	8:11	
21	Wed	4:02	9.7	6:23	11.4	10:53	-0.6	11:59	6.2	6:15	8:09	
22	Thu	4:43	9.9	6:42	11.4	11:29	-0.7			6:16	8:07	
23	Fri	5:23	10.1	7:02	11.6	12:23	5.7	12:03	-0.6	6:18	8:05	
24	Sat	6:05	10.1	7:23	11.7	12:50	4.9	12:38	-0.1	6:19	8:03	
25	Sun	6:50	10.1	7:47	11.8	1:22	4.0	1:13	0.7	6:20	8:01	
26	Mon	7:40	10.0	8:13	11.8	1:59	3.0	1:50	1.8	6:22	7:59	
27	Tue	8:35	9.8	8:42	11.7	2:39	2.1	2:29	3.2	6:23	7:57	
28	Wed	9:37	9.6	9:13	11.4	3:23	1.1	3:12	4.8	6:24	7:55	
29	Thu	10:51	9.4	9:49	11.1	4:13	0.4	4:03	6.3	6:25	7:54	
30	Fri			12:26	9.5	5:09	-0.1	5:14	7.6	6:27	7:52	
31	Sat			2:18	10.0	6:12	-0.5	6:55	8.3	6:28	7:50	