

Des Moines, WA - Nov 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:00	9.7	3:54	12.1	9:39	3.1	10:37	1.1	7:54	5:51	
2	Sat	4:59	10.3	4:19	12.0	10:29	4.1	11:08	0.0	7:56	5:49	
3	Sun	4:51	11.0	3:44	11.7	10:16	5.1	10:38	-0.8	6:57	4:48	
4	Mon	5:39	11.4	4:09	11.4	11:01	6.0	11:08	-1.3	6:59	4:46	
5	Tue	6:24	11.8	4:37	10.9	11:46	6.8	11:40	-1.5	7:00	4:45	
6	Wed	7:07	12.0	5:07	10.4			12:34	7.5	7:02	4:43	
7	Thu	7:49	12.0	5:39	9.9	12:15	-1.4	1:25	7.9	7:03	4:42	
8	Fri	8:34	11.9	6:16	9.3	12:52	-1.1	2:25	8.1	7:05	4:41	
9	Sat	9:22	11.7	7:00	8.7	1:33	-0.5	3:43	8.0	7:06	4:39	
10	Sun	10:15	11.5	8:01	8.1	2:20	0.2	5:28	7.6	7:08	4:38	
11	Mon	11:10	11.4	9:24	7.6	3:12	1.0	6:38	7.0	7:09	4:37	
12	Tue	11:59	11.4	10:55	7.4	4:09	1.7	7:15	6.1	7:10	4:36	
13	Wed			12:39	11.5	5:09	2.4	7:41	5.1	7:12	4:34	
14	Thu	12:20	7.6	1:11	11.6	6:10	3.0	8:04	3.9	7:13	4:33	
15	Fri	1:32	8.3	1:39	11.8	7:07	3.7	8:30	2.4	7:15	4:32	
16	Sat	2:34	9.2	2:05	11.9	8:00	4.5	8:58	0.9	7:16	4:31	
17	Sun	3:28	10.2	2:32	12.0	8:50	5.3	9:30	-0.6	7:18	4:30	
18	Mon	4:19	11.1	3:00	12.1	9:39	6.1	10:05	-2.0	7:19	4:29	
19	Tue	5:09	12.0	3:32	12.1	10:27	6.9	10:44	-3.0	7:21	4:28	
20	Wed	5:59	12.6	4:07	12.0	11:17	7.6	11:27	-3.5	7:22	4:27	
21	Thu	6:51	12.9	4:47	11.7			12:09	8.0	7:23	4:26	
22	Fri	7:45	13.0	5:34	11.2	12:13	-3.5	1:07	8.3	7:25	4:25	
23	Sat	8:41	12.9	6:30	10.5	1:02	-3.1	2:14	8.2	7:26	4:25	
24	Sun	9:39	12.7	7:39	9.5	1:55	-2.2	3:34	7.8	7:27	4:24	
25	Mon	10:37	12.6	9:05	8.6	2:52	-0.9	5:01	6.8	7:29	4:23	
26	Tue	11:30	12.5	10:48	8.0	3:53	0.5	6:16	5.4	7:30	4:23	
27	Wed			12:16	12.4	4:58	2.0	7:13	3.9	7:31	4:22	
28	Thu	12:35	8.1	12:56	12.4	6:07	3.4	7:58	2.3	7:33	4:21	
29	Fri	2:08	8.8	1:31	12.3	7:15	4.7	8:36	0.9	7:34	4:21	
30	Sat	3:22	9.8	2:01	12.0	8:20	5.8	9:10	-0.2	7:35	4:20	