

Des Moines, WA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:21	11.1	6:51	12.2	10:47	-2.8	11:57	8.0	5:17	9:09	
2	Thu	4:07	10.8	7:29	12.3	11:28	-2.8			5:17	9:09	
3	Fri	4:54	10.4	8:04	12.3	12:46	7.8	12:09	-2.5	5:18	9:09	
4	Sat	5:41	10.0	8:34	12.1	1:30	7.5	12:49	-2.1	5:19	9:08	
5	Sun	6:29	9.6	9:03	12.0	2:12	7.1	1:29	-1.5	5:20	9:08	
6	Mon	7:20	9.2	9:30	11.9	2:55	6.6	2:08	-0.6	5:20	9:07	
7	Tue	8:13	8.6	9:58	11.8	3:39	5.9	2:46	0.5	5:21	9:07	
8	Wed	9:12	8.0	10:27	11.6	4:24	5.1	3:24	1.8	5:22	9:06	
9	Thu	10:20	7.5	10:57	11.4	5:11	4.2	4:04	3.3	5:23	9:06	
10	Fri	11:43	7.3	11:29	11.1	5:58	3.3	4:47	4.9	5:24	9:05	
11	Sat			1:25	7.6	6:44	2.2	5:42	6.4	5:25	9:05	
12	Sun	12:03	10.8	3:14	8.5	7:29	1.2	6:58	7.6	5:26	9:04	
13	Mon	12:40	10.6	4:29	9.6	8:14	0.2	8:29	8.4	5:26	9:03	
14	Tue	1:21	10.4	5:17	10.5	8:58	-0.7	9:46	8.6	5:27	9:02	
15	Wed	2:05	10.4	5:54	11.2	9:42	-1.6	10:41	8.6	5:28	9:02	
16	Thu	2:52	10.6	6:28	11.7	10:26	-2.4	11:25	8.4	5:30	9:01	
17	Fri	3:41	10.8	7:00	12.0	11:11	-3.0			5:31	9:00	
18	Sat	4:33	10.9	7:31	12.3	12:06	8.0	11:56 AM	-3.3	5:32	8:59	
19	Sun	5:27	10.9	8:03	12.5	12:49	7.4	12:40	-3.1	5:33	8:58	
20	Mon	6:24	10.7	8:36	12.7	1:35	6.5	1:25	-2.5	5:34	8:57	
21	Tue	7:26	10.2	9:09	12.8	2:24	5.4	2:10	-1.3	5:35	8:56	
22	Wed	8:33	9.5	9:43	12.8	3:17	4.2	2:55	0.4	5:36	8:55	
23	Thu	9:48	8.8	10:18	12.6	4:12	2.9	3:43	2.4	5:37	8:54	
24	Fri	11:18	8.4	10:57	12.3	5:10	1.6	4:36	4.4	5:38	8:53	
25	Sat			1:10	8.6	6:08	0.5	5:43	6.3	5:40	8:51	
26	Sun			3:03	9.5	7:07	-0.4	7:14	7.7	5:41	8:50	
27	Mon	12:30	11.3	4:21	10.6	8:04	-1.0	8:57	8.2	5:42	8:49	
28	Tue	1:25	10.8	5:15	11.4	8:58	-1.5	10:17	8.0	5:43	8:48	
29	Wed	2:23	10.5	5:58	11.9	9:48	-1.7	11:12	7.7	5:44	8:46	
30	Thu	3:19	10.3	6:34	12.0	10:33	-1.8	11:55	7.2	5:46	8:45	
31	Fri	4:09	10.2	7:04	11.9	11:15	-1.7			5:47	8:44	