

Des Moines, WA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:56	10.1	7:28	11.8	12:31	6.8	11:54 AM	-1.5	5:48	8:42	
2	Sun	5:41	10.0	7:49	11.7	1:03	6.3	12:30	-1.0	5:49	8:41	
3	Mon	6:26	9.7	8:09	11.6	1:34	5.8	1:05	-0.4	5:51	8:40	
4	Tue	7:12	9.4	8:31	11.6	2:07	5.1	1:40	0.5	5:52	8:38	
5	Wed	8:01	9.0	8:55	11.5	2:42	4.3	2:13	1.7	5:53	8:37	
6	Thu	8:54	8.7	9:21	11.3	3:20	3.5	2:48	3.0	5:55	8:35	
7	Fri	9:55	8.4	9:49	11.0	4:00	2.8	3:24	4.5	5:56	8:33	
8	Sat	11:07	8.2	10:19	10.6	4:45	2.1	4:04	6.0	5:57	8:32	
9	Sun			12:42	8.4	5:34	1.5	4:58	7.3	5:58	8:30	
10	Mon			2:46	9.0	6:27	0.9	6:29	8.3	6:00	8:29	
11	Tue			4:05	9.9	7:24	0.2	8:24	8.7	6:01	8:27	
12	Wed	12:39	9.8	4:48	10.6	8:21	-0.6	9:40	8.5	6:02	8:25	
13	Thu	1:43	10.0	5:21	11.2	9:15	-1.4	10:24	8.1	6:04	8:24	
14	Fri	2:44	10.4	5:49	11.6	10:05	-2.1	11:02	7.4	6:05	8:22	
15	Sat	3:41	10.8	6:16	11.9	10:52	-2.5	11:41	6.5	6:06	8:20	
16	Sun	4:36	11.1	6:44	12.2	11:37	-2.5			6:08	8:19	
17	Mon	5:33	11.2	7:13	12.4	12:22	5.3	12:21	-1.9	6:09	8:17	
18	Tue	6:31	11.0	7:43	12.6	1:05	4.1	1:05	-0.8	6:10	8:15	
19	Wed	7:33	10.6	8:15	12.6	1:52	2.7	1:49	0.7	6:12	8:13	
20	Thu	8:39	10.1	8:49	12.4	2:40	1.5	2:34	2.6	6:13	8:11	
21	Fri	9:53	9.7	9:26	12.0	3:32	0.6	3:24	4.5	6:14	8:10	
22	Sat	11:23	9.5	10:08	11.4	4:26	0.0	4:25	6.3	6:16	8:08	
23	Sun			1:15	9.7	5:25	-0.3	5:50	7.6	6:17	8:06	
24	Mon			2:56	10.4	6:28	-0.4	7:51	8.0	6:18	8:04	
25	Tue	12:04	10.0	4:02	11.1	7:34	-0.4	9:25	7.6	6:20	8:02	
26	Wed	1:19	9.6	4:49	11.5	8:37	-0.4	10:22	7.0	6:21	8:00	
27	Thu	2:30	9.6	5:26	11.7	9:32	-0.5	11:03	6.4	6:22	7:58	
28	Fri	3:29	9.7	5:55	11.6	10:19	-0.5	11:35	5.8	6:24	7:56	
29	Sat	4:18	9.9	6:17	11.5	10:59	-0.3			6:25	7:54	
30	Sun	5:02	10.0	6:34	11.3	12:02	5.2	11:35 AM	0.1	6:26	7:53	
31	Mon	5:43	10.0	6:50	11.3	12:27	4.5	12:08	0.6	6:27	7:51	