

Des Moines, WA - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:32	11.8	5:21	10.2	1:11	-1.4	12:58	8.0	6:53	4:51	
2	Mon	8:20	11.7	5:51	9.8	12:51	-1.4	1:49	8.3	6:55	4:50	
3	Tue	9:15	11.6	6:30	9.4	1:37	-1.1	2:52	8.4	6:56	4:48	
4	Wed	10:16	11.5	7:35	8.8	2:28	-0.7	4:14	8.2	6:58	4:47	
5	Thu	11:16	11.5	9:17	8.3	3:26	-0.1	5:41	7.4	6:59	4:45	
6	Fri			12:07	11.7	4:29	0.6	6:42	6.2	7:01	4:44	
7	Sat			12:48	11.9	5:35	1.4	7:26	4.5	7:02	4:43	
8	Sun	12:38	8.5	1:23	12.2	6:39	2.3	8:06	2.7	7:04	4:41	
9	Mon	1:59	9.3	1:55	12.5	7:40	3.3	8:45	0.7	7:05	4:40	
10	Tue	3:09	10.3	2:26	12.6	8:37	4.4	9:23	-1.0	7:07	4:39	
11	Wed	4:11	11.3	2:59	12.7	9:32	5.5	10:02	-2.4	7:08	4:37	
12	Thu	5:08	12.1	3:34	12.5	10:26	6.5	10:42	-3.2	7:10	4:36	
13	Fri	6:03	12.7	4:11	12.1	11:20	7.3	11:24	-3.5	7:11	4:35	
14	Sat	6:56	12.9	4:51	11.5			12:16	7.8	7:13	4:34	
15	Sun	7:49	12.9	5:36	10.8	12:07	-3.2	1:16	8.0	7:14	4:33	
16	Mon	8:42	12.7	6:27	9.9	12:53	-2.4	2:25	8.0	7:16	4:32	
17	Tue	9:37	12.4	7:26	9.0	1:41	-1.4	3:47	7.7	7:17	4:31	
18	Wed	10:31	12.1	8:40	8.2	2:32	-0.3	5:13	7.0	7:18	4:30	
19	Thu	11:22	11.8	10:09	7.6	3:27	1.0	6:21	6.0	7:20	4:29	
20	Fri			12:06	11.7	4:26	2.2	7:10	4.9	7:21	4:28	
21	Sat			12:41	11.5	5:29	3.4	7:48	3.7	7:23	4:27	
22	Sun	1:19	7.9	1:10	11.4	6:32	4.5	8:18	2.5	7:24	4:26	
23	Mon	2:33	8.7	1:36	11.3	7:33	5.5	8:44	1.4	7:25	4:25	
24	Tue	3:32	9.6	2:00	11.2	8:28	6.3	9:09	0.4	7:27	4:24	
25	Wed	4:21	10.4	2:24	11.1	9:18	7.1	9:35	-0.5	7:28	4:24	
26	Thu	5:02	11.2	2:50	11.0	10:03	7.7	10:04	-1.2	7:29	4:23	
27	Fri	5:39	11.7	3:17	10.9	10:46	8.1	10:36	-1.8	7:31	4:22	
28	Sat	6:15	12.1	3:46	10.7	11:27	8.4	11:11	-2.1	7:32	4:22	
29	Sun	6:51	12.4	4:18	10.6			12:09	8.6	7:33	4:21	
30	Mon	7:31	12.5	4:56	10.4			12:55	8.6	7:35	4:21	