

Roche Harbor, San Juan Island, WA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:13	6.0	9:24	8.1	2:24	5.1	1:58	-0.7	5:14	9:18	
2	Fri	8:17	5.5	9:58	8.1	3:22	4.4	2:41	0.2	5:15	9:18	
3	Sat	9:31	5.0	10:33	8.1	4:20	3.4	3:27	1.4	5:15	9:17	
4	Sun	11:00	4.7	11:10	8.1	5:18	2.4	4:17	2.6	5:16	9:17	
5	Mon			12:55	4.8	6:16	1.2	5:16	3.9	5:17	9:17	
6	Tue			2:47	5.4	7:12	0.1	6:26	5.0	5:18	9:16	
7	Wed	12:31	7.9	4:03	6.2	8:04	-0.8	7:41	5.7	5:19	9:16	
8	Thu	1:16	7.8	4:58	6.9	8:54	-1.6	8:52	6.1	5:19	9:15	
9	Fri	2:05	7.7	5:44	7.5	9:40	-2.1	9:55	6.1	5:20	9:14	
10	Sat	2:58	7.6	6:25	7.8	10:25	-2.3	10:51	6.0	5:21	9:14	
11	Sun	3:51	7.4	7:03	8.0	11:08	-2.2	11:45	5.7	5:22	9:13	
12	Mon	4:45	7.1	7:39	8.0	11:50	-1.8			5:23	9:12	
13	Tue	5:38	6.8	8:13	8.0	12:38	5.4	12:32	-1.3	5:24	9:12	
14	Wed	6:30	6.3	8:44	7.9	1:33	4.9	1:14	-0.5	5:25	9:11	
15	Thu	7:24	5.9	9:13	7.8	2:28	4.4	1:55	0.4	5:26	9:10	
16	Fri	8:22	5.4	9:41	7.7	3:24	3.8	2:37	1.5	5:27	9:09	
17	Sat	9:28	4.9	10:09	7.5	4:18	3.2	3:19	2.6	5:28	9:08	
18	Sun	10:55	4.6	10:39	7.3	5:11	2.6	4:04	3.6	5:30	9:07	
19	Mon			1:14	4.7	6:03	2.0	4:57	4.6	5:31	9:06	
20	Tue			3:04	5.3	6:54	1.4	6:05	5.5	5:32	9:05	
21	Wed			4:10	5.9	7:42	0.8	7:24	6.0	5:33	9:04	
22	Thu	12:29	6.9	4:53	6.4	8:25	0.3	8:33	6.3	5:34	9:03	
23	Fri	1:14	6.9	5:26	6.8	9:05	-0.2	9:27	6.4	5:35	9:02	
24	Sat	2:01	6.9	5:54	7.1	9:43	-0.7	10:09	6.2	5:37	9:00	
25	Sun	2:51	7.0	6:19	7.3	10:20	-1.1	10:47	6.0	5:38	8:59	
26	Mon	3:41	7.0	6:43	7.5	10:58	-1.3	11:27	5.6	5:39	8:58	
27	Tue	4:33	7.0	7:08	7.7	11:36	-1.3			5:40	8:57	
28	Wed	5:27	6.8	7:35	7.8	12:09	5.1	12:15	-1.1	5:42	8:55	
29	Thu	6:23	6.6	8:05	7.9	12:56	4.4	12:55	-0.5	5:43	8:54	
30	Fri	7:22	6.2	8:36	8.0	1:46	3.6	1:37	0.3	5:44	8:53	
31	Sat	8:27	5.8	9:10	8.0	2:40	2.7	2:21	1.4	5:46	8:51	