

Roche Harbor, San Juan Island, WA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:30	8.7	6:47	6.0	12:49	-0.6	2:25	5.5	8:04	4:27	
2	Tue	8:57	8.6	8:05	5.4	1:29	0.4	3:20	4.4	8:04	4:28	
3	Wed	9:25	8.6	9:39	4.9	2:09	1.7	4:14	3.0	8:04	4:29	
4	Thu	9:53	8.6	11:51	5.0	2:51	3.2	5:08	1.7	8:04	4:30	
5	Fri	10:24	8.5			3:39	4.8	6:00	0.3	8:04	4:31	
6	Sat	2:10	5.9	10:56 AM	8.5	4:44	6.2	6:52	-0.8	8:04	4:33	
7	Sun	3:29	6.9	11:34 AM	8.4	6:13	7.3	7:42	-1.7	8:03	4:34	
8	Mon	4:18	7.8	12:19	8.3	7:40	7.8	8:30	-2.3	8:03	4:35	
9	Tue	4:59	8.4	1:14	8.1	8:52	7.8	9:17	-2.6	8:03	4:36	
10	Wed	5:37	8.7	2:14	7.9	9:52	7.6	10:02	-2.5	8:02	4:37	
11	Thu	6:12	8.8	3:15	7.6	10:48	7.2	10:46	-2.1	8:02	4:39	
12	Fri	6:46	8.8	4:14	7.3	11:42	6.7	11:28	-1.5	8:01	4:40	
13	Sat	7:18	8.8	5:11	6.8			12:38	6.1	8:00	4:41	
14	Sun	7:47	8.7	6:09	6.3	12:10	-0.6	1:34	5.3	8:00	4:43	
15	Mon	8:13	8.5	7:12	5.7	12:49	0.5	2:29	4.5	7:59	4:44	
16	Tue	8:36	8.3	8:25	5.1	1:28	1.7	3:21	3.6	7:58	4:46	
17	Wed	8:58	8.2	10:14	4.9	2:06	3.1	4:11	2.8	7:58	4:47	
18	Thu	9:21	8.0			2:44	4.4	5:00	2.1	7:57	4:48	
19	Fri	1:04	5.3	9:46 AM	7.8	3:25	5.7	5:49	1.4	7:56	4:50	
20	Sat	3:02	6.2	10:15 AM	7.6	4:38	6.7	6:36	0.8	7:55	4:51	
21	Sun	3:51	6.9	10:49 AM	7.4	6:30	7.4	7:21	0.2	7:54	4:53	
22	Mon	4:24	7.5	11:32 AM	7.3	8:05	7.7	8:03	-0.2	7:53	4:54	
23	Tue	4:53	7.9	12:23	7.3	9:05	7.7	8:43	-0.7	7:52	4:56	
24	Wed	5:19	8.1	1:19	7.3	9:41	7.6	9:21	-1.1	7:51	4:58	
25	Thu	5:42	8.2	2:15	7.4	10:11	7.3	9:58	-1.3	7:50	4:59	
26	Fri	6:04	8.3	3:10	7.4	10:43	6.9	10:35	-1.4	7:49	5:01	
27	Sat	6:24	8.4	4:06	7.3	11:20	6.3	11:12	-1.1	7:48	5:02	
28	Sun	6:46	8.4	5:03	7.0			12:02	5.5	7:46	5:04	
29	Mon	7:08	8.5	6:03	6.6			12:48	4.5	7:45	5:05	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Tue	7:33	8.6	7:10	6.1	12:26	0.5	1:38	3.4	7:44	5:07	
31	Wed	7:59	8.5	8:26	5.7	1:05	1.7	2:29	2.2	7:43	5:09	