



































Roche Harbor, San Juan Island, WA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:02	7.8	8:44	6.2	12:45	3.9	1:47	0.5	6:53	5:56	
2	Mon	7:28	7.7	10:15	6.2	1:24	5.0	2:37	-0.1	6:51	5:58	
3	Tue	7:56	7.6			2:08	6.0	3:33	-0.5	6:49	5:59	
4	Wed	12:17	6.4	8:29 AM	7.5	3:07	6.8	4:37	-0.7	6:47	6:01	
5	Thu	1:48	6.9	9:21 AM	7.2	4:47	7.2	5:46	-0.8	6:45	6:02	
6	Fri	2:39	7.3	10:45 AM	7.0	6:38	7.1	6:53	-0.8	6:43	6:04	
7	Sat	3:16	7.6	12:15	6.8	7:57	6.5	7:52	-0.8	6:41	6:06	
8	Sun	4:47	7.8	2:41	6.8	9:49	5.7	9:44	-0.5	7:38	7:07	
9	Mon	5:15	7.9	3:57	6.8	10:33	4.6	10:30	0.0	7:36	7:09	
10	Tue	5:41	8.0	5:05	6.9	11:14	3.5	11:12	0.8	7:34	7:10	
11	Wed	6:05	8.0	6:07	6.9	11:54	2.4	11:53	1.7	7:32	7:12	
12	Thu	6:27	8.0	7:06	6.9			12:35	1.5	7:30	7:13	
13	Fri	6:50	7.9	8:06	6.8	12:35	2.8	1:16	0.7	7:28	7:15	
14	Sat	7:14	7.7	9:09	6.7	1:18	3.9	1:57	0.3	7:26	7:16	
15	Sun	7:40	7.4	10:22	6.6	2:05	4.9	2:41	0.1	7:24	7:18	
16	Mon	8:09	7.1	11:50	6.6	2:58	5.7	3:27	0.2	7:22	7:19	
17	Tue	8:40	6.8			4:03	6.3	4:19	0.4	7:20	7:21	
18	Wed	1:20	6.7	9:17 AM	6.5	5:34	6.7	5:18	0.7	7:18	7:22	
19	Thu	2:32	6.9	10:10 AM	6.1	7:50	6.6	6:24	1.0	7:16	7:24	
20	Fri	3:22	7.1	11:24 AM	5.9	9:08	6.3	7:30	1.1	7:14	7:25	
21	Sat	3:58	7.2	12:45	5.8	9:40	5.8	8:26	1.1	7:12	7:27	
22	Sun	4:24	7.2	2:02	5.9	9:58	5.3	9:12	1.2	7:09	7:28	
23	Mon	4:43	7.2	3:11	6.0	10:16	4.6	9:50	1.4	7:07	7:30	
24	Tue	4:56	7.2	4:11	6.2	10:38	3.8	10:25	1.8	7:05	7:31	
25	Wed	5:09	7.3	5:06	6.5	11:04	2.8	10:59	2.3	7:03	7:33	
26	Thu	5:25	7.4	6:00	6.7	11:33	1.7	11:34	3.0	7:01	7:34	
27	Fri	5:46	7.5	6:54	6.9			12:07	0.6	6:59	7:36	
28	Sat	6:10	7.5	7:49	7.0	12:11	3.8	12:44	-0.3	6:57	7:37	
29	Sun	6:37	7.5	8:50	7.1	12:51	4.7	1:26	-1.0	6:55	7:39	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Mon	7:05	7.4	9:59	7.0	1:34	5.5	2:13	-1.4	6:53	7:40	
31	Tue	7:34	7.3	11:19	7.0	2:24	6.2	3:05	-1.4	6:51	7:42	