





























Roche Harbor, San Juan Island, WA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			3:28	5.7	7:43	0.3	6:39	5.7	5:14	9:18	
2	Thu	12:25	7.6	4:37	6.6	8:27	-0.5	8:03	6.5	5:15	9:18	
3	Fri	12:57	7.3	5:27	7.3	9:06	-1.0	9:22	6.9	5:16	9:17	
4	Sat	1:32	7.1	6:08	7.7	9:43	-1.3	10:26	7.0	5:16	9:17	
5	Sun	2:12	7.0	6:44	7.9	10:19	-1.4	11:15	7.0	5:17	9:17	
6	Mon	2:57	6.8	7:17	7.9	10:54	-1.5	11:55	6.8	5:18	9:16	
7	Tue	3:45	6.8	7:46	7.9	11:30	-1.4			5:19	9:16	
8	Wed	4:33	6.6	8:12	7.8	12:33	6.6	12:05	-1.3	5:20	9:15	
9	Thu	5:21	6.5	8:35	7.8	1:13	6.3	12:41	-1.0	5:20	9:14	
10	Fri	6:09	6.2	8:55	7.8	1:57	5.8	1:16	-0.5	5:21	9:14	
11	Sat	7:01	5.8	9:16	7.8	2:43	5.3	1:50	0.1	5:22	9:13	
12	Sun	7:58	5.3	9:39	7.8	3:28	4.5	2:23	1.0	5:23	9:12	
13	Mon	9:04	4.9	10:04	7.7	4:12	3.7	2:57	2.1	5:24	9:12	
14	Tue	10:24	4.6	10:30	7.6	4:56	2.7	3:31	3.3	5:25	9:11	
15	Wed			12:12	4.6	5:42	1.6	4:09	4.5	5:26	9:10	
16	Thu			2:54	5.2	6:29	0.5	5:00	5.6	5:27	9:09	
17	Fri			4:18	6.1	7:19	-0.6	6:29	6.6	5:29	9:08	
18	Sat	12:02	7.6	5:01	6.8	8:10	-1.5	7:58	7.1	5:30	9:07	
19	Sun	12:46	7.7	5:38	7.4	9:00	-2.4	9:08	7.2	5:31	9:06	
20	Mon	1:43	7.8	6:11	7.7	9:50	-2.9	10:07	7.0	5:32	9:05	
21	Tue	2:48	7.8	6:44	8.0	10:39	-3.1	11:02	6.5	5:33	9:04	
22	Wed	3:55	7.7	7:17	8.1	11:26	-3.0	11:57	5.9	5:34	9:03	
23	Thu	5:02	7.4	7:48	8.2			12:12	-2.4	5:36	9:02	
24	Fri	6:09	6.9	8:19	8.2	12:56	5.0	12:57	-1.5	5:37	9:01	
25	Sat	7:16	6.3	8:49	8.2	1:56	4.0	1:42	-0.2	5:38	8:59	
26	Sun	8:29	5.7	9:19	8.1	2:57	3.0	2:26	1.3	5:39	8:58	
27	Mon	9:55	5.2	9:49	7.9	3:57	2.0	3:13	2.8	5:41	8:57	
28	Tue	11:48	5.1	10:20	7.7	4:56	1.2	4:03	4.3	5:42	8:55	
29	Wed			1:49	5.6	5:53	0.5	5:08	5.6	5:43	8:54	
30	Thu			3:20	6.3	6:50	0.1	6:37	6.4	5:44	8:53	
31	Fri			4:20	6.9	7:45	-0.3	8:20	6.8	5:46	8:51	