



































## Roche Harbor, San Juan Island, WA - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:23	8.2	5:11	7.2	11:06	2.6	11:10	1.0	6:53	5:56	
2	Tue	5:50	8.3	6:15	7.0	11:53	1.5	11:54	2.2	6:51	5:57	
3	Wed	6:18	8.3	7:22	6.8			12:42	0.7	6:49	5:59	
4	Thu	6:48	8.1	8:36	6.6	12:40	3.4	1:31	0.2	6:47	6:01	
5	Fri	7:20	7.9	10:03	6.5	1:29	4.6	2:23	0.0	6:45	6:02	
6	Sat	7:54	7.5	11:40	6.6	2:25	5.6	3:17	0.0	6:43	6:04	
7	Sun	8:32	7.1			3:37	6.3	4:17	0.3	6:41	6:05	
8	Mon	1:06	6.9	9:20 AM	6.6	5:19	6.7	5:24	0.6	6:39	6:07	
9	Tue	2:10	7.2	10:23 AM	6.3	7:28	6.5	6:32	0.8	6:37	6:08	
10	Wed	2:57	7.4	11:41 AM	6.0	8:35	6.1	7:32	0.9	6:35	6:10	
11	Thu	3:33	7.4	1:01	6.0	9:09	5.6	8:20	1.0	6:33	6:11	
12	Fri	4:01	7.4	2:10	6.1	9:31	5.1	9:00	1.2	6:31	6:13	
13	Sat	4:22	7.4	3:06	6.3	9:52	4.5	9:34	1.5	6:29	6:14	
14	Sun	5:37	7.3	4:56	6.4	11:16	3.7	11:06	1.9	7:27	7:16	
15	Mon	5:49	7.3	5:43	6.5	11:42	3.0	11:37	2.5	7:25	7:17	
16	Tue	6:04	7.4	6:29	6.6			12:10	2.2	7:23	7:19	
17	Wed	6:23	7.4	7:17	6.6	12:09	3.1	12:42	1.4	7:20	7:20	
18	Thu	6:46	7.4	8:08	6.6	12:42	3.8	1:16	0.7	7:18	7:22	
19	Fri	7:12	7.3	9:05	6.6	1:18	4.5	1:55	0.2	7:16	7:23	
20	Sat	7:38	7.2	10:12	6.6	1:56	5.3	2:39	-0.2	7:14	7:25	
21	Sun	8:04	7.1	11:37	6.6	2:39	5.9	3:28	-0.4	7:12	7:26	
22	Mon	8:31	7.0			3:33	6.5	4:25	-0.5	7:10	7:28	
23	Tue	1:11	6.7	9:11 AM	6.8	4:53	6.8	5:29	-0.4	7:08	7:29	
24	Wed	2:18	7.0	10:35 AM	6.5	6:35	6.7	6:37	-0.3	7:06	7:31	
25	Thu	3:02	7.2	12:11	6.3	7:57	6.1	7:42	-0.2	7:04	7:32	
26	Fri	3:35	7.4	1:44	6.3	8:52	5.2	8:40	0.1	7:02	7:34	
27	Sat	4:04	7.5	3:10	6.4	9:37	4.0	9:31	0.7	7:00	7:35	
28	Sun	4:31	7.7	4:25	6.7	10:19	2.6	10:19	1.4	6:57	7:37	
29	Mon	4:57	7.8	5:33	7.0	11:00	1.3	11:04	2.3	6:55	7:38	
30	Tue	5:23	7.9	6:35	7.2	11:42	0.2	11:50	3.3	6:53	7:40	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Wed	<b>5:51</b>	7.9	<b>7:34</b>	7.4			<b>12:24</b>	-0.7	6:51	7:41	