



































## Roche Harbor, San Juan Island, WA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:10	5.6	11:46 AM	8.2	5:29	5.5	7:37	0.3	8:04	4:27	
2	Mon	3:31	6.7	12:13	8.0	6:48	6.7	8:13	-0.5	8:04	4:28	
3	Tue	4:26	7.5	12:41	7.7	8:09	7.3	8:46	-1.0	8:04	4:29	
4	Wed	5:09	8.1	1:11	7.5	9:21	7.7	9:19	-1.3	8:04	4:30	
5	Thu	5:47	8.5	1:47	7.4	10:21	7.7	9:53	-1.4	8:04	4:31	
6	Fri	6:21	8.6	2:30	7.2	11:07	7.6	10:28	-1.3	8:04	4:32	
7	Sat	6:53	8.6	3:16	7.1	11:46	7.5	11:05	-1.2	8:03	4:34	
8	Sun	7:22	8.5	4:03	7.0			12:26	7.2	8:03	4:35	
9	Mon	7:48	8.4	4:50	6.7			1:09	6.9	8:02	4:36	
10	Tue	8:12	8.4	5:38	6.3	12:18	-0.5	1:57	6.4	8:02	4:37	
11	Wed	8:35	8.3	6:33	5.8	12:54	0.1	2:45	5.8	8:02	4:39	
12	Thu	8:58	8.3	7:38	5.3	1:29	0.9	3:32	5.0	8:01	4:40	
13	Fri	9:22	8.2	8:58	4.9	2:02	1.9	4:16	4.1	8:00	4:41	
14	Sat	9:47	8.2	10:44	4.7	2:36	3.0	4:59	2.9	8:00	4:43	
15	Sun	10:13	8.1			3:11	4.4	5:42	1.7	7:59	4:44	
16	Mon	1:45	5.2	10:39 AM	8.0	3:57	5.7	6:26	0.5	7:58	4:46	
17	Tue	3:24	6.3	11:08 AM	8.0	5:24	6.8	7:12	-0.7	7:58	4:47	
18	Wed	4:09	7.3	11:42 AM	8.1	6:59	7.6	7:59	-1.8	7:57	4:48	
19	Thu	4:45	8.0	12:28	8.2	8:13	7.9	8:46	-2.6	7:56	4:50	
20	Fri	5:20	8.5	1:27	8.2	9:13	7.9	9:34	-3.0	7:55	4:51	
21	Sat	5:55	8.7	2:33	8.2	10:06	7.7	10:22	-3.1	7:54	4:53	
22	Sun	6:29	8.9	3:40	8.0	11:00	7.2	11:09	-2.8	7:53	4:54	
23	Mon	7:03	8.9	4:45	7.6	11:57	6.5	11:56	-2.0	7:52	4:56	
24	Tue	7:36	8.9	5:51	7.0			12:58	5.6	7:51	4:58	
25	Wed	8:08	8.8	7:00	6.3	12:41	-0.9	2:01	4.6	7:50	4:59	
26	Thu	8:38	8.7	8:20	5.6	1:26	0.6	3:04	3.5	7:49	5:01	
27	Fri	9:08	8.5	10:06	5.2	2:09	2.2	4:04	2.4	7:48	5:02	
28	Sat	9:37	8.3			2:55	3.9	5:02	1.4	7:46	5:04	
29	Sun	12:27	5.5	10:06 AM	8.0	3:49	5.4	5:58	0.7	7:45	5:05	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>30</b>	Mon	<b>2:20</b>	6.3	<b>10:36 AM</b>	7.7	<b>5:08</b>	6.7	<b>6:49</b>	0.1	7:44	5:07	
<b>31</b>	Tue	<b>3:28</b>	7.2	<b>11:11 AM</b>	7.3	<b>6:59</b>	7.4	<b>7:37</b>	-0.3	7:42	5:09	